

## **Volunteer Opportunities**

Experiential educational and volunteer programs are an excellent way to expand your knowledge of the Nursing profession beyond the classroom. Gaining experience by volunteering for a local hospital or medical center before beginning the Nursing Program is not only highly recommended, but will also strengthen your knowledge of the field, and more importantly, help you determine if becoming a nurse will be a fit for you.

## Nursing/Health Care Related Volunteer Opportunities in the Los Angeles Area

Medical Centers/Hospitals

Cedars-Sinai Medical Center – Los Angeles, CA. Volunteer opportunities include more than 400 different assignments throughout the medical center. The Independent Student Volunteer (IS) Program runs continuously throughout the year. Independent student volunteers are managed by the Office of Academic Affairs and the Volunteer Services Department. For more information about any of Cedars-Sinai's Volunteer Programs, call Volunteer Services at (310) 423-5231.

**Children's Hospital – Los Angeles, CA.** Volunteers needed who can give at least six months of service, 100 hours of service, and a weekly schedule that includes the same day and time every week. Opportunities with direct patient care include: assisting in patient care units, outpatient services, Emergency Department and the Child Life Playrooms, along with other areas. For more information visit: childrenshospitalla.org

**UCLA Health System – Westwood and Santa Monica facility.** Working with a volunteer coordinator, each volunteer will design a schedule that best fits his or her availability. Prospective volunteers meet individually with a volunteer services coordinator to discuss their interests, the more than 200 specialized volunteer jobs available, and their preferred time commitment. Each person is then matched to an appropriate department and volunteer assignment. To learn more about volunteer opportunities, call Volunteer Services at UCLA Medical Center (310) 825-6001 or Santa Monica-UCLA Medical Center (310) 319-3580 or visit: <u>uclahealth.org</u>

**St. John's Health Center – Santa Monica, CA.** Volunteers are assigned to at least 45 different departments where they perform an array of duties. Depending on individual interests, some volunteers work directly with patients and others provide assistance in hospital support areas.

Volunteers must commit to at least one 4-hour shift per week and a minimum of 100 hours of service to be completed in one calendar year. For more information on how to a volunteer, call the Volunteer Center at (310) 829-8438 or visit: <a href="stiphns.org">stiphns.org</a>

**Methodist Hospital – Arcadia.** A sample of volunteer opportunities includes information desk, comfort care, emergency department, gift shop, junior volunteer supervisor, messenger service, occupational health, outpatient waiting room, pre-hospital care, and spiritual care department. Download an application online or call the Volunteer Services Department at (626) 574-3646 for more information.

**Alhambra Medical Center Volunteer Office – Alhambra, CA.** Volunteers needed who can give a 100-hour a year commitment to assist hospital staff, patients, and families in several departments. For more information, call (626) 570-1606, ext. 3228.

**Good Samaritan Hospital – Los Angeles.** As a volunteer, you may: escort and discharge patients, deliver lab specimens, assist with clerical duties, perform data entry and word processing, brush up on computer skills, assembling patient charts, visit and read to patients. The program requires a minimum commitment of six months, and at least 12 hours a week. To volunteer, call the Director of Volunteers at (213) 977-2091.

**Pomona Valley Hospital Medical Center – Pomona.** Volunteers may choose to participate in direct patient care services or in non-patient care services. Direct patient care services allow volunteers to provide support and assistance to patients and staff in one of the hospital's many patient care departments. Volunteers may also choose to provide administrative or information support in a non-patient care setting or office. Request an application online or call (909) 865-9788.

**Orthopedic Hospital – Los Angeles, CA.** Volunteers should commit to a minimum of 50 hours per year and must be available to schedule volunteer hours Monday – Friday between the hours of 8:00 am and 5 p.m. For additional information about becoming an Orthopaedic Hospital volunteer or the date of the next orientation, please call the Volunteer Services Department at (213) 742-1533 or visit: orthohospital.org

**USC University Hospital – Los Angeles, CA**. The minimum time requirement for volunteering is at least 75 hours per year. Although most volunteers serve about 4 hours per week, there is flexibility surrounding the amount of time you are able to commit each week. The application process includes completion of a written application, a placement interview, orientation, and a health screening. To apply, or for more information, email kai.tramiel@tenethealth.com or call (323) 442-8919.

**Northridge Hospital Medical Center – Northridge, CA.** Most volunteer shifts are four hours long, and scheduling is flexible. You will be eligible to receive a letter of recommendation and

documentation of community service after the completion of 100 hours of service. To become a volunteer, or to find out more information, contact the Volunteer office at (818) 885-8500, ext. 2961 or visit: northridgehospital.org

**American Red Cross.** See volunteer opportunities for local Student Nurse Involvement at <a href="redcross.org">redcross.org</a>