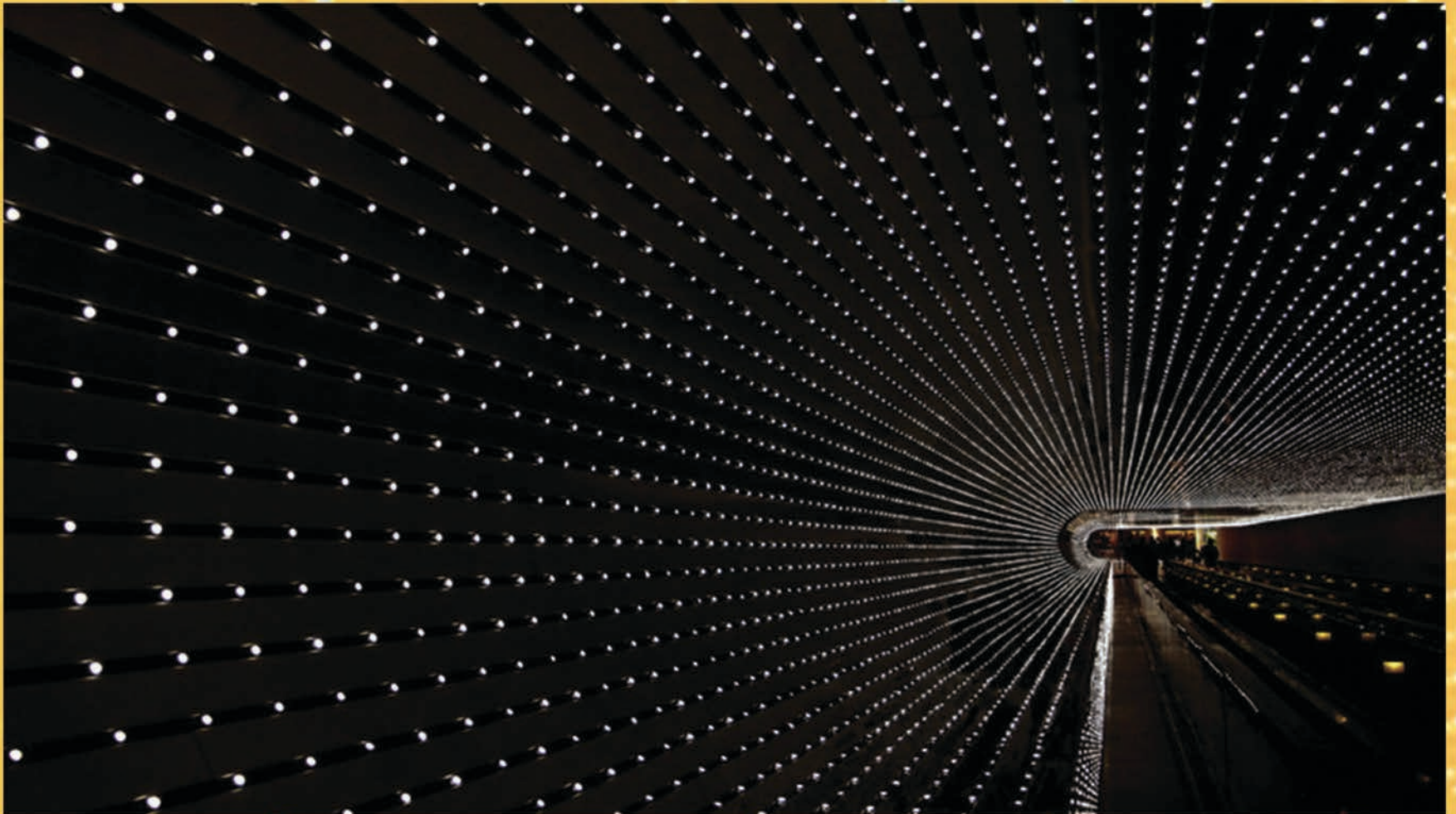


# Emeritus College

A Program of Santa Monica College

## The 2014 Annual Emeritus Student Photography Exhibition



First Prize Winner • Doris Power, *Concourse*, 2012

Schedule of Classes / Fall 2014 / Sept. 2 – Dec. 13

# REGISTRATION

## IMPORTANT SEMESTER DATES

- Friday, June 20, 2014 . . . . . **Schedule available on the WEB at: [www.smc.edu/emeritus](http://www.smc.edu/emeritus)**
- Monday, July 7, 2014 . . . . . **Schedule available at Emeritus College and Santa Monica Libraries**
- Monday, July 14, 2014. . . . . **First day of registration enrollment**
- Tuesday, September 2, 2014 . . . . . **FALL SEMESTER BEGINS**
- Tuesday, November 11, 2014. . . . . **Veterans Day**  
(No Classes/Office Closed)
- Thu. – Sat., November 27 – 29, 2014 . . **Thanksgiving Holiday**  
(No Classes/Office Closed)
- Saturday, December 20, 2014 . . . . . **FALL SEMESTER ENDS**

## HOW TO REACH US

SANTA MONICA COLLEGE



**MERITUS  
COLLEGE**

1227 SECOND STREET  
SANTA MONICA, CALIFORNIA 90401-1108

**Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.**  
**Telephone: (310) 434-4306**  
**Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)**

## ENROLLMENT SERVICES OPTIONS

Listed above are the important semester dates. Students must enroll every semester. ***Students are allowed to enroll in a maximum of 4 classes for the Fall 2014 semester.***

**NEW STUDENTS** are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus College Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. Application Forms are located in the back of this schedule, at Enrollment Services, or at [www.smc.edu/emeritus](http://www.smc.edu/emeritus).

**RETURNING STUDENTS** are those absent from classes for three semesters or more. They must use the large paper Application Form in the back of this schedule to update their student information record.

**CONTINUING STUDENTS** are students actively enrolled in the present or previous 2 semesters. Continuing students may use any combination of enrollment options. One week prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a randomly selected online enrollment appointment date/time. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule).

### SMC STUDENT CORSAIR CONNECT ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS

Online enrollment appointments are computer generated and randomly selected. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus) or in the Emeritus College Enrollment Services office. Emeritus College mini computer lab volunteers will assist students with online enrollment. Go to room #209 during the first week of the enrollment period and use this great service!

- Go to [www.smc.edu/emeritus](http://www.smc.edu/emeritus) – click onto the links located at the left hand side. There you will find helpful links, such as “Corsair Connect” (the online enrollment login screen), “Emeritus Enrollment Instructions” (using Corsair Connect online), the online “Searchable Schedule” of classes (to see which classes are open), and other helpful links.
- Have your SMC/Emeritus Student ID number, password and class section numbers available. If you haven’t already, you will be asked to convert your 6-digit date-of-birth password to an alphanumeric password upon entering the system. You are responsible for retaining your new password and for printing your online enrollment transaction receipt. Forgotten ID numbers or passwords may be retrieved by following the Corsair Connect on-screen instructions.

### PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus College Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.

# Information

# Fall 2014

- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your 2nd choice for a better chance of receiving a course of your choice.

## NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus College office for information. If you are attempting to enroll online, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

## TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus College. They must print their transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed: that indicates the class was filled, there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. **BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.**

## CLOSED CLASSES

Class sections reopen automatically when students drop. Check for openings periodically by using the online Searchable Schedule. For closed classes, approach the instructor at the first meeting for an AUTHORIZATION CODE or to have them sign an add card/continuing student form. The AUTHORIZATION CODE is a one-time code to add via the Corsair Connect Web enrollment system. Please note the expiration date of codes.

## SEARCHABLE SCHEDULE, GENERAL INFORMATION AND ENROLLMENT TIPS:

- Go to [www.smc.edu/emergitus](http://www.smc.edu/emergitus); on the left side menu, under the “Schedule of Classes” sub-menu, click onto “Searchable Schedule.” Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (choose between open & closed, open, or canceled options). Scroll down & click the “Search” button. A listing of classes appears below the “Search” button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.
- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped.
- Regular attendance is expected. Low attendance & low enrollment may cause class cancellations.
- Only enrolled students may attend class after 1 visit.

## ADDRESS CHANGES

Use an address card for changes or make the change online at [www.smc.edu/emergitus](http://www.smc.edu/emergitus), click on “Corsair Connect” from the menu on the left side and login. Then, click the “Enrollment” blue tab/link in the middle of the page. From the left side menu, click “Profile / Preferences” and update your address, then press “Submit Changes” at the bottom of the page to save the new information.

## EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at Enrollment Service.

## A sample of a course from the schedule:

### ART E00 Survey of the Arts

Survey the history of art by viewing selections from particular periods of time or development.

**9500 10:00a-11:50a T EC 1227 107 Smith J**

*Study art in the context of history. This semester covers Ancient Art.*

The 9000 course section number must be in the section field on the application or add card for correct enrollment.

## GRANTS

Grants are available for students with materials or book needs. Make a confidential request to the Program Coordinator, (310) 434-4306.

## DONATIONS

**Help provide for supplies, equipment, classroom rentals, activities and more. Please make checks payable to SMC Foundation and write “Emeritus” in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods.**

*Thank You  
Emeritus College Staff and Volunteers*

## THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, *Senior Director, Government Relations and Institutional Communications*

Ming-Yea Wei, *Marketing Design Analyst*

Charles Mark-Walker, *Graphic Designer*

Christine Tobey, *Web Content Developer*

*Santa Monica College Contributors: Dr. Chui L. Tsang, Gita Runkle, Vivian Rankin-Scales, Lauri Arneson, and Jessica Riojas.*



## News from the SMC Associate Dean of Emeritus College



Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

June 2014

### Dear Emeritus Community,

We enter into the Fall semester with some good news. As you may have heard, Senate Bill (SB) 173 was amended on May 12, 2014 to remove language which would have eliminated funding for Older Adult programs, like Emeritus College. Thanks to all the volunteers who made presentations, distributed/collected letters of opposition, and for those of you who signed the letters and got your friends/family to sign them, too. Over 2400 letters of opposition were collected by the Emeritus Task Force to Oppose SB 173, which is absolutely fantastic. The collective opposition across the state of California fueled the amendments to the bill.

While confusion on how SB 173 will be implemented remains, it was passed unanimously on June 10, 2014 by the Assembly Committee on Higher Education. We are guardedly optimistic that these amendments will allow us to continue funding Emeritus College. Rest assured that we are keeping a close eye on any developments as funding and policy decisions for Adult Education are made. And we thank our Board of Trustees for their ongoing commitment to Emeritus College.

Also, on June 10, 2014, we held the annual Emeritus College 250 Club Luncheon where we recognized people who have donated \$250 or more to Emeritus College the past calendar year. If you would like to learn more about how to join the 250 Club, please contact Sandra Barsoum at 310.434.4393 or barsoum\_sandra@smc.edu. Sandra also holds weekly hours at Emeritus College on Thursdays in room 410, so please feel free to stop by and meet her.

Starting in July 2014, the new co-chairs of the Emeritus College Executive Council (ECEC) are: Judy Blits and Marsha Franker. In addition, we welcome two new ECEC members: Carole Bender and Robert Stern. They are replacing two departing members: Miriam Kafka and Edie London. We thank Miriam and Edie for their many years of service to the ECEC and look forward to a new year with our revised ECEC team.

Best regards,

Gita Runkle  
Acting Associate Dean, Emeritus College

### IMPORTANT NOTES TO STUDENTS:

- Some of the abbreviations for locations/facilities have changed slightly in the schedule. See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator.

## ARTS & CRAFTS

### ART E00 Survey of Art

Survey of art history: View selections from selected time periods, selected artists or lines of development. Gallery tour schedules may change due to venue schedules.

**9701 9:00a-10:50a F EC 1227 409 Taylor V**

*Develop a capacity for observation, analysis and inquiry. View art across diverse cultures, time periods, subject matters and media within the social historical context of art production. Consider the global reach of Baroque art in architecture, sculpture, painting and the minor arts from 1600-1750.*

**9702 11:00a-12:50p T ITINERARY Walker C L**

*Field trips to galleries, museums, studios and site-specific works of art. First meeting only at 1227 2nd St. to receive the itinerary.*

**9703 1:00p-2:50p F ITINERARY Hero C J**

*Field trips to galleries, museums, studios and site-specific works of art. First meeting only at 1227 2nd St. to receive the itinerary.*

**9704 1:30p-3:20p W ITINERARY Hero C J**

*Field trips to galleries, museums, studios and site-specific works of art. First meeting only at 1227 2nd St. to receive the itinerary.*

**9705 1:30p-3:20p Th ITINERARY Hero C J**

*Field trips to galleries, museums, studios and site-specific works of art. First meeting only at 1227 2nd St. to receive the itinerary.*

### ART E01 Contemporary Art

This course provides older adults with a working knowledge of current trends in the art world, as well as a greater understanding of how art influences all of our lives. Older adults will develop an appreciation for contemporary art, and will compare and contrast specific pieces of art.

**9830 12:30p-2:20p T MALIBU Wood E**

### ART E06 Artistic Expression through Gardening

Meet first at SE corner 24th & Marguerita, north of Montana, to receive the itineraries.

**9706 10:00a-11:50a M ITINERARY Jaeger J E**

**9707 10:00a-11:50a T ITINERARY Jaeger J E**



## ART E15 Drawing

**9708 9:00a-11:15a T EC 1227 205 Goodin M L**  
*Learn the basics of drawing realistically. Good for the beginner and students who would like to improve their drawing skills. A variety of materials and subjects will be included.*

**9709 9:15a-11:30a F EC 1227 204 Hero C J**  
*Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.*

**9710 12:30p-2:45p F EC 1227 204 Tirr C A**  
*Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.*

## ART E16 Life Drawing Studio

**9711 9:00a-11:50a W EC 1227 204 Reynolds T**  
*Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.*

**9712 9:00a-11:50a Th EC 1227 204 Goodin M L**  
*For beginners and others wanting to increase their skills. Includes lessons in anatomy, proportion, structure and expression. Short, medium and long poses.*

**9713 1:00p-3:50p Th EC 1227 204 Goodin M L**  
*Painting the human form - long poses for painting.*

## ART E19 Painting

**9714 9:00a-11:50a M EC 1227 205 Reynolds T**  
*Assignments are designed for the progressing student. A basic grasp of the fundamentals of painting is highly recommended.*

## ART E20 Drawing and Painting

**9715 9:00a-11:15a M EC 1227 204 Benson J K**  
*Drawing portraits in mixed media: This course focuses on drawing techniques. Capture the personality as you focus on the head, hands, and posture in drawings, paintings and assemblage.*

## ART E21 Painting/Drawing, Oil and Acrylic

**9717 9:00a-11:15a F EC 1227 205 Reynolds T**  
*Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.*

**9718 11:30a-1:45p M EC 1227 204 Benson J K**  
*Enhance your creativity through painting. **This section is endowed in the memory of Francis J. Abrahams.***

## ART E22 Watercolor

**9719 9:00a-11:15a T EC 1227 204 Manseau F J**  
*A techniques and methods class concentrating on the "how" of the medium: washes, brush strokes, color, value and composition. Designed for beginning watercolorists.*

**9720 11:30a-1:45p T EC 1227 204 Manseau F J**  
*Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.*

## ART E24 Calligraphy

**9721 9:00a-10:50a F 1450 OCEAN Martorello J M**  
*Learn a variety of calligraphic hands. Enhance your project with grace and style.*

## ART E30 Watercolor Studio

**9722 9:00a-11:50a Th ITINERARY Walker C L**  
*All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park to get the itinerary.*

**9723 9:00a-11:50a F ITINERARY Tirr C A**  
*An outdoor, "plein air," class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: The Totem Pole and picnic area, Palisades Park, just north of San Vicente, at Ocean, Santa Monica.*

**9724 12:00p-2:50p T EC 1227 205 Goodin M L**  
*Watercolor, drawing, and design inspired by the beauty of nature and still life. Express yourself in watercolor. All levels are welcome.*

**9725 12:00p-2:50p W EC 1227 204 Tirr C A**  
*Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.*

## ART E55 Sculpture

**9726 12:00p-2:15p Th EC 1227 205 Benson J K**  
*Become inspired and stimulated creatively in three dimensions. Please contact instructor for a materials list: Benson\_Jesse@smc.edu*

## ART E80 Jewelry Making

**9727 11:30a-1:45p Th 1450 OCEAN Ryza S V**  
*Advanced: Projects for this section are more complex, new projects weekly. Students need to master basic jewelry skills prior to enrolling.*

**9728 2:00p-4:15p Th 1450 OCEAN Ryza S V**  
*Beginning: New projects weekly: knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.*

TRIBUTE

## Choose to Make a Difference Volunteer at **Santa Monica-UCLA Medical Center**

Become part of a vibrant healthcare system in Santa Monica. Volunteers donate their time and share their talents throughout the hospital and bring a special personal touch to patients and families. Volunteers work with patients as well as behind-the-scenes.

Call for information on the next  
 volunteer orientation, (310) 319-4614.

**UCLA** Health System



## BUSINESS, ESTATE PLANNING, & FINANCE

### BUS E00 Personal Finance

For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills, trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long-term care issues by Virginia Hart.

9732 11:30a-1:20p Th EC 1227 408 Mcilrath P K

## EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

### OCC E00 Introduction to Computers

This course assists older adults in accessing the world of computers and technology to improve interaction with their families and to promote self-expression. Older adults learn about personal computers, improve technical vocabulary, review typing and mouse skills, and learn how to use special function computer keys.

9806 9:00a-10:50a T EC 1227 208 Blits J E  
9808 1:30p-3:20p F EC 1227 208 Espinosa-Frech H A

### OCC E01 Word Processing

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

9809 9:00a-10:50a M EC 1227 208 Simmonds A R  
*Beginner Course*  
9810 11:00a-12:50p M EC 1227 208 Simmonds A R  
*Intermediate Course*  
9811 11:00a-12:50p F EC 1227 208 Espinosa-Frech H A  
*Beginner Course*  
9812 1:00p-2:50p M EC 1227 208 Blits J E  
*Intermediate Course*

### OCC E10 Using Data Files for Older Adults

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9813 11:00a-12:50p T EC 1227 208 Simmonds A R

### OCC E20 Using the Internet Safely for Older Adults

9815 11:00a-12:50p Th EC 1227 208 Simmonds A R

*Introduction to the Internet - Learn the secrets of safely searching for information on the Internet, and sending and receiving emails, or attaching and sending pictures to friends and family. Develop confidence using the internet. Build your skills and understanding of the computer.*

### PHOTO E10 Digital Photography – Beginning

9816 9:00a-10:50a Th EC 1227 208 Schneur G

*Designed for the beginner or the novice digital photographer. Taking pictures, transferring them to your computer, introduction to cropping, editing and color corrections using Photoshop Elements 11.0.*

9817 9:00a-10:50a F EC 1227 208 Espinosa-Frech H A

*Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.*

### PHOTO E00 Digital Photography – Intermediate

Introduction to digital photography for continuing students with some digital camera experience and those interested in free photo editing such as Picasa and FastStone. Bring your camera, manuals and laptop if you have one.

9829 9:00a-10:50a T EC 1227 107 Schneur G

**WITHOUT YOU,  
There is No “US”  
in EMERITUS.**

**OUR SUCCESS DEPENDS ON THE  
SUPPORT WE GET FROM YOU.**

EMERITUS COLLEGE IS  
RECRUITING VOLUNTEERS FOR:  
EC Enrollment Services • Mini-lab •  
EC Community Band Concerts • The Music  
and Art Library • The Art Gallery Program •  
Individually Designed Special Projects

**If you are interested, please  
call the Program Coordinator,  
Vivian Rankin-Scales, at (310) 434-3851.**



## HEALTH & CONDITIONING

### HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Yoga for Seniors. Focus on flexibility, balance, circulation, breathing, and muscle tone. Learn how yoga can improve your core and improve balance, health and safety. Bring a mat (unless section notes say it is chair based), and also bring a notebook and pencil.

9751 8:30a-10:20a WF EC 1227 308 Walters M Y

9752 10:00a-11:50a TTh EC 1227 308 Cooper M

9753 10:30a-12:20p TTh 1450 OCEAN Cass K

*The above section is chair based. No mat required for this section.*

9754 11:00a-12:50p MW EC 1227 308 Lieb J B

9755 2:00p-3:50p TTh EC 1227 308 Walton B O

### HEALTH E22 Chi Gong Principles & Practices for Older Adults

Understand Chi Gong principles. Work at your own level to improve tone, strength, flexibility and balance. Develop goals and a personal health plan. Also learn limbering moves with mindful breathing and the health & safety benefits of Chi Gong.

9756 8:30a-9:45a TTh EC 1227 308 Holtzermann C

### HEALTH E23 T'ai Chi Principles & Practices for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9757 9:00a-10:15a MF VA PK Akers P A

*For beginning and intermediate students of the long, Yang style form. Class includes qi gong warm-up exercises. Develop goals and a personal health plan. Meets at Virginia Park Center, Fitness Room #1.*

9759 12:00p-1:15p WF EC 1227 304 Vogel N J

*Intermediate and Advanced*

9760 12:30p-1:45p TTh EC 1227 304 Holtzermann C

*Intermediate and Advanced*

9761 2:00p-3:15p MF EC 1227 304 Akers P A

*For intermediate and advanced students of the long, Yang style form. Develop goals and a personal health plan.*

### HEALTH E24 Physical Fitness Principles & Practices for Older Adults

Learn how to safely build your aerobic capacity. Low-impact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility.

9762 8:30a-9:45a TTh VA PK Moy D N

*All levels. Hand weights and mat work used in aerobic activity. Meets in VIRGINIA PARK CENTER, Fitness Room #1.*

9763 9:00a-10:15a MW EC 1227 304 Wapner-Baart L J

*All levels*

9764 9:00a-10:15a TTh 1450 OCEAN Wapner-Baart L J

*All levels*

9765 9:30a-10:45a TTh EC 1227 304 Yewell R E

*Intermediate and Advanced. Mat work.*

9766 11:00a-12:15p TTh EC 1227 304 Yewell R E

*Beginning Course*

### HEALTH E25 Strength & Stamina Training Principles & Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and stress management are included. Students create a personal fitness and strength training plan based on their individual needs and physical challenges.

9767 8:00a-9:15a TTh EC 1227 304 Yewell R E

*Upper body on Tuesdays and lower body on Thursdays.*

9768 10:00a-11:15a TTh VA PK Regalado O

*In English and Spanish. Increase your range of motion and flexibility with a variety of stretches. Emphasis is on stamina. Personal programs will be designed by end of semester.*

9769 10:30a-11:45a MW 1450 OCEAN Vaillancourt A

*Each student should be able to learn exercises that require standing for a minimum of thirty minutes.*

9770 12:00p-1:15p TTh CLOVER Wapner-Baart L J

*Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details. wapner-baart\_linda@smc.edu*

### HEALTH E30 Personal Safety – Fall Prevention

Falls are the most frequent cause of serious injury to older adults. Learn how, when and where falls occur and how to avoid falling at home, around town or on your travels. Improve your balance and learn to recover it. Lectures are followed by light exercise. Bring a mat, notebook and pencil.

9771 11:00a-12:50p M EC 1227 304 Weinstein J M

### HEALTH E34 Stress Reduction through Yoga

A variety of poses and breathing exercises to enhance balance, breathing, and strength. Learn how Yoga reduces stress and helps you relax. Bring a mat, notebook and pencil.

9773 9:00a-10:50a M EC 1227 308 Walton B O

9774 11:00a-12:50p F EC 1227 308 Lieb J B

### HEALTH E38 Joint Health & Mobility for Older Adults

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

9775 9:00a-10:15a MW 1450 OCEAN Vaillancourt A

*We will specifically learn to strengthen lower body with exercises performed on mats as well as free weights for upper body.*

9776 10:30a-11:45a TTh VA PK Wapner-Baart L J

*Meets at VIRGINIA PARK CENTER, Fitness Room 1.*

9777 10:30a-11:45a TTh WISE Moy D N

*Specially designed for participants at the WISE ADULT DAY PROGRAM. Teacher Approval Required before enrolling.*

9778 2:00p-3:15p TTh EC 1227 304 Regalado O

*Low impact movement, and stretch to improve your well being.*



## HEALTH E63 Body Conditioning After a Stroke

Learn to cope with the effects of a stroke. Develop your own personal plan. Restore energy, flexibility and range of motion through exercise. Learn to safely exercise sitting, standing and/or lying on a mat. Stretching, strengthening, and helping posture and balance. Limited class size. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

9779 Arrange-Time EC 1227 307 Nakasuji B J  
 Arrange-Time EC 1227 307 Li J A  
 Arrange-Time EC 1227 307 Phillips B S

## HOME ARTS & MAINTENANCE

See Art E06 for gardening class on page 4.

## CT E00 The Fix-It Class – Repair Almost Anything

A wide variety of consumer-oriented repair problems are addressed in this demonstration/lecture class. Beginners: Learn to do minor household repairs for yourself or supervise others. Repair leaky faucets, handle minor electrical problems, hang almost anything, caulking, etc.

9733 1:00p-3:15p M EC 1227 408 Ross M A

## HME EC E01 Sewing Lab

9780 12:00p-2:50p F EC 1227 205 Larsen M N

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This session is for beginners and more advanced sewers.

## HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

Dine at selected local restaurants, meet the chefs and discuss the food with an eye on healthy eating, good taste and aesthetic appeal. Learn what food critics look for when evaluating restaurants and write or give your own review.

9831 11:00a-12:50p T EC 1227 409 Dosti R

## HME EC E71 Needlecrafts

9782 1:30p-4:20p W 1450 OCEAN Ryza S V

Bring a fiber project to work on, e.g., knitting, crochet, weaving, basketry, or needlepoint. Learn new techniques or receive teacher assistance in this relaxed class. Students purchase their own materials. Beginner and intermediate levels.

## HUMAN DEVELOPMENT & RELATIONS

### HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy Life. Lecture Based Class with some physical activity. Learn how to enjoy your life more fully and reduce stress using such techniques as positive thinking, breathing, meditation, humor, diet and exercise. A must for those wanting to make positive changes in their lives.

9783 1:30p-2:45p TTh EC 1227 408 Albert G S

### HUMDEV E15 Senior Studies – Theater – History of Comedy

9784 9:00a-10:50a W EC 1227 409 Achorn J C

History of comedy: A look at comedy in theater, literature, film and music.

### HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

**TRIBUTE** 9785 3:00p-5:00p Th EC 1227 107 Peterson J D

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. **This course is offered in memory of Luisa R. G. Kot.**

### HUMDEV E21 Life Experience

9786 11:00a-12:50p W EC 1227 409 Barkan H A

Yiddish and Jewish life: Customs, culture, roots, and current events will bring a 1,000-year-old culture and lifestyle into the present context.





## HUMDEV E24 Bereavement Support

**9787 1:30p-3:20p M EC 1227 407 Press P L**  
*Encouragement and support offered in a small group setting guided by a trained and experienced counselor. This course is offered in memory of Zelda Herman.*

## HUMDEV E25 Dealing with Hearing Impairment

**9788 12:30p-2:20p T EC 1227 407 Frand L**  
*This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.*

## HUMDEV E27 Enhancing Memory Skills

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Learn activities that keep the brain alive and active through mental aerobics: right- and left-brain tasks.

**9789 10:00a-11:50a T EC 1227 407 Frand L**  
**9790 12:30p-2:20p W EC 1227 407 Frand L**

## HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

**9791 1:30p-3:20p W EC 1227 208 Feinberg L H**

## HUMDEV E50 Communication After a Stroke

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

**9792 10:30a-11:45a W EC 1227 410 Feinberg L H**  
**11:45a-1:15p W EC 1227 410 Feinberg L H**  
**9793 10:30a-11:45a W EC 1227 408 Krissman R C**  
**11:45a-1:15p W EC 1227 408 Krissman R C**

## PSYCH E33 Living as a Single Person

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

**9823 11:00a-12:50p M EC 1227 408 Press P L**

# LITERATURE & WRITING

## BILING E01 Literature in Spanish

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others. Meets in THELMA TERRY Building, Workshop 3.

**9729 9:00a-10:50a F VA PK Quiñones H C**

## BILING E02 French Literature

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

**9730 2:00p-3:50p T EC 1227 409 Isner-Ball D R**

## BILING E03 Yiddish Literature

**9731 1:30p-3:20p W EC 1227 409 Barkan H A**  
*Some Yiddish speaking and reading skills are needed to fully enjoy this class. Share life experiences; read aloud newspapers, classic stories, and modern literature to learn about thousands of years of Yiddish culture.*

## ENGL E20 Literature: The Novel

**9734 2:00p-3:50p M EC 1227 409 Dwyer F**  
*We will continue our journey through Marcel Proust's 7-volume masterpiece, In Search of Lost Time, in the translation by C. K. Scott Moncrieff and Terence Kilmartin, revised by D. J. Enright, easily available as a Modern Library classic paperback. All seven novels are also available in a boxed paperback set called "The Proust 6-Pack." We will begin where we left off at the end of the Spring semester, 500 pages into the second novel, Within a Budding Grove. Then we will move on to the third novel, The Guermites Way. BE SURE AND GET THE TRANSLATION THAT INCLUDES ALL THREE TRANSLATORS.*

## ENGL E22 Short Story

**9735 10:00a-11:50a T EC 1227 408 Wali M**  
*Overview and discussion of works by contemporary writers. Authors from different countries.*

## ENGL E23 Shakespeare

Selected plays by William Shakespeare will be studied and discussed. There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. A good time is guaranteed.

**9736 9:00a-10:50a M EC 1227 107 Achorn J C**  
**9737 11:00a-12:50p M EC 1227 107 Achorn J C**

## ENGL E24 Bible as Literature

**9739 2:00p-3:50p Th SM SYNG Marx J A**  
*Study Biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. "The Lives, Loves and Losses of King David." We'll be reading and discussing the books of I and II Samuel. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx.*

## ENGL E25 Literature: The American Novel

**9740 9:00a-10:50a T EC 1227 409 Achorn J C**  
*Explore the development of the American novel, the writers and their lives and times.*

## ENGL E27 Poetry

**9741 10:00a-11:50a W MALIBU Davis C V**  
*Contemporary American Literature: Cross Genre. Fiction writers who write poetry and poets who write fiction. Read and discuss short stories and poetry. You are encouraged to bring your own work to read.*

## Volunteer Los Angeles

Check out your volunteer options at a local nonprofit organization. Work with the best.

[www.volunteerlosangeles.com](http://www.volunteerlosangeles.com)



## ENGL E29 Greek Literature

9743 11:30a-1:20p M EC 1227 409 Dwyer F

*In our study of the Greek tragedies, we have reached The Eumenides, the final play in The Oresteia, by Aeschylus. We will be using the translation of The Oresteia by Ted Hughes. Between tragedies, we will read from Tales from Ovid, also translated by Ted Hughes. After Aeschylus we will turn to Sophocles. A complete syllabus will be supplied in class.*

## ENGL E30 Creative Writing

9744 9:00a-11:15a M EC 1227 409 Kronsberg G J

*Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.*

9745 9:30a-11:45a T MALIBU Reich E S

*Come learn the art of skillful writing. All levels are welcome.*

## ENGL E33 Autobiography

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9746 9:00a-11:15a Th EC 1227 408 Wali M

*Tell your story and find your writer's voice. Beginning and accomplished writers welcome.*

9747 9:30a-11:45a Sat PAC 210 Staff

9748 12:00p-2:15p Sat PAC 210 Wali M

*Above 9748 section meets at the Performing Arts Center, 1310 11th Street. Designed for those who want guidance, inspiration, classroom exercises and assignments to launch or continue their autobiographical writing.*

9749 12:30p-2:45p F MALIBU Reich E S

*Designed for those who have already begun writing their memoirs.*

## ENGL E37 Writing Seminar

9750 9:00a-11:50a Th EC 1227 409 Kronsberg G J

*Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.*

## MUSIC – PERFORMANCE & APPRECIATION

*See HUMDEV E17 Senior Seminar for the Luisa R. G. Kot Concert Series on page 8.*

### MUSIC E00 Concert Band

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. Players of brass, woodwind, or percussion instruments may enroll with the consent of the instructor.

9794 6:30p-9:20p T LINCOLN Corrigan M J

### MUSIC E03 "The Merits" – Vocal Ensemble

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9796 10:00a-12:50p T FST PRES Bryant W

### MUSIC E04 Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9797 1:00p-2:50p Th EC 1227 107 Elliott W H

### MUSIC E06 Gospel Community Chorus

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced.

9798 11:30a-1:20p W EC 1227 107 Bryant W

### MUSIC E10 Spanish Folk Singing

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options. Meets in VIRGINIA PARK Thelma Terry Building, Workshop #3.

BI-LINGUAL

9799 12:00p-1:50p T VA PK Perez J Z

### MUSIC E30 Opera Appreciation

9800 2:15p-3:50p T EC 1227 107 Jackson L R

*Experience opera behind the scenes and as an audience member from the beginning to the descending curtain.*

### MUSIC E32 Music Appreciation

9801 12:00p-1:50p F EC 1227 107 Peterson J D

*Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.*

9802 1:00p-2:50p M EC 1227 107 Hetz M L

*Explore Classical Music and learn about music. For all levels. Discuss the interaction between culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.*



## MUSIC E34 Lyric Chorus

A chorus of women's voices singing three part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful. Meets in the chapel.

9804 9:00a-11:50a Th EC 1227 107 Elliott W H

## MUSIC E51 Piano and Theory

9805 12:15p-2:05p Sat PAC 200 Hetz M L

Above 9805 section meets at the Performing Arts Center, 1310 11th Street. Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful. Class subject to the availability of the piano lab.

## POLITICAL SCIENCE

### POL SC E00 Current Events

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the U.S. and around the world.

9819 9:30a-11:20a W EC 1227 107 Stromberg H L

9820 10:00a-11:50a M SM LIB Reiner M

9821 2:30p-4:20p F EC 1227 107 Trives N  
2:30p-4:20p F EC 1227 107 Johnson J P

## THEATER ARTS

See HUMDEV E15 for special theater class on page 8.

### TH ART E01 Principles of Acting

Dust off your thespian robes and sharpen your acting skills in this actor's workshop. Scenes from plays are polished and performed for the public. The first class will meet at the scheduled class time. Class days and times beyond that will vary based on availability of performance spaces. Contact instructor for more details: gannen\_barbara@smc.edu

9824 11:00a-1:50p T EC 1227 107 Gannen B

9825 12:30p-3:20p W MALIBU Gannen B

### TH ART E02 Theater Arts Appreciation

9826 9:00a-10:50a F EC 1227 107 Abatemarco A M

Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. **This class is offered in memory of Dorothy Tunis.**

### TH ART E05 Reader's Theater

9827 11:00a-12:50p F EC 1227 408 Abatemarco A M

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting.

### TH ART E30 Dramatic Interpretation Through Movies

9828 1:30p-3:45p W EC 1227 107 Laffey S A

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

## Stay Connected

**Check your SMC email regularly for news from Dean Runkle and other Emeritus College faculty and staff.**

To check your SMC email, login to your Corsair Connect online account at [www.smc.edu/emeritus](http://www.smc.edu/emeritus). Corsair Connect is your one-stop portal for your Student Records, Email, and Enrollment.

1. Go to: [www.smc.edu/emeritus](http://www.smc.edu/emeritus)
2. Click on "Corsair Connect"
3. Enter your SMC ID# and password
4. Follow the instructions provided

Remember, the first time you sign in, your USERNAME is your SMC ID # and your password is your 6-digit birthdate (mmddyy format). You will be asked to create a new alphanumeric password after your first login. Don't forget to write your new password down!

[www.smc.edu/emeritus](http://www.smc.edu/emeritus)



SANTA MONICA COLLEGE  
FOUNDATION

**Sandra Barsoum** is the Annual Fund Director of the Santa Monica College Foundation. She will be available to meet with Emeritus College community members every Thursday from 9am to 3pm in Room 410.

Please visit Sandra to say hello and learn more about the SMC Foundation.

Contact her at: (310) 434-4393 or [barsoum\\_sandra@smc.edu](mailto:barsoum_sandra@smc.edu)



# CLASSES BY THE DAY

# FALL 2014

## MONDAY

9:00a-11:50a	9714	ART E19 Painting	EC 1227 205
9:00a-11:15a	9715	ART E20 Drawing and Painting	EC 1227 204
9:00a-10:50a	9736	ENGL E23 Shakespeare	EC 1227 107
9:00a-11:15a	9744	ENGL E30 Creative Writing	EC 1227 409
9:00a-10:50a	9773	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a-10:50a	9809	OCC E01 Word Processing	EC 1227 208
10:00a-11:50a	9706	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9820	POL SC E00 Current Events	SM LIB
11:00a-12:50p	9737	ENGL E23 Shakespeare	EC 1227 107
11:00a-12:50p	9771	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
11:00a-12:50p	9810	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p	9823	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a-1:45p	9718	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a-1:20p	9743	ENGL E29 Greek Literature	EC 1227 409
1:00p-3:15p	9733	CT E00 The Fix-It Class – Repair Almost Anything	EC 1227 408
1:00p-2:50p	9802	MUSIC E32 Music Appreciation	EC 1227 107
1:00p-2:50p	9812	OCC E01 Word Processing	EC 1227 208
1:30p-3:20p	9787	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p-3:50p	9734	ENGL E20 Literature: The Novel	EC 1227 409

## MONDAY AND WEDNESDAY

9:00a-10:15a	9763	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
9:00a-10:15a	9775	HEALTH E38 Joint Health & Mobility	1450 OCEAN
10:30a-11:45a	9769	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
11:00a-12:50p	9754	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308

## MONDAY AND FRIDAY

9:00a-10:15a	9757	HEALTH E23 T'ai Chi Principles & Practices	VA PK
2:00p-3:15p	9761	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## TUESDAY

9:00a-11:15a	9708	ART E15 Drawing	EC 1227 205
9:00a-11:15a	9719	ART E22 Watercolor	EC 1227 204
9:00a-10:50a	9740	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a-10:50a	9806	OCC E00 Introduction to Computers	EC 1227 208
9:00a-10:50a	9829	PHOTO E00 Digital Photography – Intermediate	EC 1227 107
9:30a-11:45a	9745	ENGL E30 Creative Writing	MALIBU
10:00a-11:50a	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9735	ENGL E22 Short Story	EC 1227 408
10:00a-11:50a	9789	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
10:00a-12:50p	9796	MUSIC E03 “The Merits” – Vocal Ensemble	FST PRES
11:00a-12:50p	9702	ART E00 Survey of Art	ITINERARY
11:00a-12:50p	9813	OCC E10 Using Data Files	EC 1227 208
11:00a-1:50p	9824	TH ART E01 Principles of Acting	EC 1227 107
11:00a-12:50p	9831	HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices	EC 1227 409
11:30a-1:45p	9720	ART E22 Watercolor	EC 1227 204
12:00p-2:50p	9724	ART E30 Watercolor Studio	EC 1227 205
12:00p-1:50p	9799	MUSIC E10 Spanish Folk Singing	VA PK
12:30p-2:20p	9788	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
12:30p-2:20p	9830	ART E01 Contemporary Art	MALIBU
2:00p-3:50p	9730	BILING E02 French Literature	EC 1227 409
2:15p-3:50p	9800	MUSIC E30 Opera Appreciation	EC 1227 107
6:30p-9:20p	9794	MUSIC E00 Concert Band	LINCOLN

## TUESDAY AND THURSDAY

8:00a-9:15a	9767	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
8:30a-9:45a	9756	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a-9:45a	9762	HEALTH E24 Physical Fitness Principles & Practices	VA PK

9:00a-10:15a	9764	HEALTH E24 Physical Fitness Principles & Practices	1450 OCEAN
9:30a-10:45a	9765	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a-11:50a	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
10:00a-11:15a	9768	HEALTH E25 Strength & Stamina Training Principles & Practices	VA PK
10:30a-12:20p	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a-11:45a	9776	HEALTH E38 Joint Health & Mobility	VA PK
10:30a-11:45a	9777	HEALTH E38 Joint Health & Mobility	WISE
11:00a-12:15p	9766	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p-1:15p	9770	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p-1:45p	9760	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p-2:45p	9783	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults	EC 1227 408
2:00p-3:50p	9755	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p-3:15p	9778	HEALTH E38 Joint Health & Mobility	EC 1227 304

## WEDNESDAY

9:00a-11:50a	9711	ART E16 Life Drawing Studio	EC 1227 204
9:00a-10:50a	9784	HUMDEV E15 Senior Studies – Theater – History of Comedy	EC 1227 409
9:30a-11:20a	9819	POL SC E00 Current Events	EC 1227 107
10:00a-11:50a	9741	ENGL E27 Poetry	MALIBU
10:30a-11:45a	9792	HUMDEV E50 Communication After a Stroke	EC 1227 410
10:30a-11:45a	9793	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:00a-12:50p	9786	HUMDEV E21 Life Experience	EC 1227 409
11:30a-1:20p	9798	MUSIC E06 Gospel Community Chorus	EC 1227 107
11:45a-1:15p	9792	HUMDEV E50 Communication After a Stroke	EC 1227 410
11:45a-1:15p	9793	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p-2:50p	9725	ART E30 Watercolor Studio	EC 1227 204
12:30p-2:20p	9790	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
12:30p-3:20p	9825	TH ART E01 Principles of Acting	MALIBU
1:30p-3:20p	9704	ART E00 Survey of Art	ITINERARY
1:30p-3:20p	9731	BILING E03 Yiddish Literature	EC 1227 409
1:30p-4:20p	9782	HME EC E71 Needlecrafts	1450 OCEAN
1:30p-3:20p	9791	HUMDEV E28 Communication After a Stroke (Computer Based)	EC 1227 208
1:30p-3:45p	9828	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107

## WEDNESDAY AND FRIDAY

8:30a-10:20a	9751	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:00p-1:15p	9759	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## THURSDAY

9:00a-11:50a	9712	ART E16 Life Drawing Studio	EC 1227 204
9:00a-11:50a	9722	ART E30 Watercolor Studio	ITINERARY
9:00a-11:15a	9746	ENGL E33 Autobiography	EC 1227 408
9:00a-11:50a	9750	ENGL E37 Writing Seminar	EC 1227 409
9:00a-11:50a	9804	MUSIC E34 Lyric Chorus	EC 1227 107
9:00a-10:50a	9816	PHOTO E10 Digital Photography – Beginning	EC 1227 208
11:00a-12:50p	9815	OCC E20 Using the Internet Safely	EC 1227 208
11:30a-1:45p	9727	ART E80 Jewelry Making	1450 OCEAN
11:30a-1:20p	9732	BUS E00 Personal Finance	EC 1227 408
12:00p-2:15p	9726	ART E55 Sculpture	EC 1227 205
1:00p-3:50p	9713	ART E16 Life Drawing Studio	EC 1227 204
1:00p-2:50p	9797	MUSIC E04 Voice Training	EC 1227 107
1:30p-3:20p	9705	ART E00 Survey of Art	ITINERARY
2:00p-4:15p	9728	ART E80 Jewelry Making	1450 OCEAN
2:00p-3:50p	9739	ENGL E24 Bible as Literature	SM SYNG
3:00p-5:00p	9785	HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series	EC 1227 107



## FRIDAY

9:00a-10:50a	9701	ART E00 Survey of Art	EC 1227 409
9:00a-11:15a	9717	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-10:50a	9721	ART E24 Calligraphy	1450 OCEAN ITINERARY
9:00a-11:50a	9723	ART E30 Watercolor Studio	VA PK
9:00a-10:50a	9729	BILING E01 Literature in Spanish	EC 1227 208
9:00a-10:50a	9817	PHOTO E10 Digital Photography – Beginning	EC 1227 107
9:00a-10:50a	9826	TH ART E02 Theater Arts Appreciation	EC 1227 204
9:15a-11:30a	9709	ART E15 Drawing	EC 1227 308
11:00a-12:50p	9774	HEALTH E34 Stress Reduction through Yoga	EC 1227 208
11:00a-12:50p	9811	OCC E01 Word Processing	EC 1227 408
11:00a-12:50p	9827	TH ART E05 Reader's Theater	EC 1227 205
12:00p-2:50p	9780	HME EC E01 Sewing Lab	EC 1227 107
12:00p-1:50p	9801	MUSIC E32 Music Appreciation	EC 1227 204
12:30p-2:45p	9710	ART E15 Drawing	MALIBU ITINERARY
12:30p-2:45p	9749	ENGL E33 Autobiography	EC 1227 208
1:00p-2:50p	9703	ART E00 Survey of Art	EC 1227 107
1:30p-3:20p	9808	OCC E00 Introduction to Computers	EC 1227 107
2:30p-4:20p	9821	POL SC E00 Current Events	EC 1227 107
2:30p-4:20p	9821	POL SC E00 Current Events	EC 1227 107

## SATURDAY

9:30a-11:45a	9747	ENGL E33 Autobiography	PAC 210
12:00p-2:15p	9748	ENGL E33 Autobiography	PAC 210
12:15p-2:05p	9805	MUSIC E51 Piano and Theory	PAC 200

## VARIED SCHEDULE

Arrange-Time	9779	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9779	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9779	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307

# WISE & Healthy Aging

[www.wiseandhealthyaging.org](http://www.wiseandhealthyaging.org)

WISE Adult Day Service Center provides care for loved ones during the day, providing a respite for family caregivers.

WISE & Healthy Aging also offers a variety of support groups focused on areas ranging from men's issues, women's issues, caregiver issues and workshops on special topics.

Located at: 1527 4th Street, 2nd Floor,  
Santa Monica, CA 90401

**For information, please call (310) 394-9871.**

## STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- Sandi Burnett, ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Títulos VI y VII de la Ley de Derechos Civiles de 1964, el Título IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam.

LOS ANGELES COUNTY

# HELP LINE

Find housing, transportation, meals, medical care,  
senior centers, legal and elder abuse help.

**Dial 211 for free information.**



# FACILITIES

Facilities	Big Blue Bus Lines	Location
Emeritus Classrooms and Offices EC 1227 107 EC 1227 204, EC 1227 205, EC 1227 208 EC 1227 304, EC 1227 307, EC 1227 308 EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410		1227 Second St. (2nd & Wilshire), SM  The #1, #8, #7 & Rapid 7 Big Blue Bus stops at 3rd and Santa Monica Blvd. The # 2, #3, #4 & #9 Big Blue Bus stops at 4th and Wilshire Blvd. The #8 Big Blue Bus stops at 2nd and Broadway Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
AET	5	SMC Academy of Entertainment & Technology, 1660 Stewart St. (½ block N. of Olympic), SM
CAL BAPT	5, CT	Calvary Baptist Church, 1502 20th St. (20th & Broadway), SM
CALL US!		Call (310) 434-4306, Emeritus Office, 1227 2nd St. (2nd & Wilshire), SM
CLOVER	8, SR	2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	1, 5, CT	1500 block of Euclid St. (between Colorado and Broadway), SM
FST PRES	2, 3, 4, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
GOOSE EGG PARK	9	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
ITINERARY		Locations vary – instructor will inform class of the meeting places
KEN EDWA	1, 2, 3, Rapid 3, 4, 5, 7 Rapid 7, 8, 9, Rapid 10	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LINCOLN	2, CT	Lincoln Middle School, 1501 California Ave. (15th & California), SM
MALIBU	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
PAC	1, 7, Rapid 7, 8	SMC Performing Arts Center, The Broad Stage & The Edge 1310 Santa Monica Blvd. (11th & Santa Monica), SM (Lincoln Park) 1150 Lincoln Blvd. (Lincoln & Wilshire), SM
REED PARK	2, 3, 9	
SM LIB	1, 7, Rapid 7, 8, Rapid 10	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
1450 OCEAN	1, 7, Rapid 7, Rapid 10	1450 Ocean Ave. (Ocean & Broadway), SM
SMC	6, 7, Rapid 7, 11, SR	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
SMC BUNDY CAMPUS	6, 14, SR	3171 S. Bundy Drive, LA
SM SYNG	1, Rapid 10	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE	1, 2, 3, Rapid 3, 4, 5, 7 Rapid 7, 8, 9, Rapid 10	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM
VA PK, VP PATIO	7, SR	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

Legend: CT = Crosstown Ride, SR = Sunset Ride

## SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.00 for the next hour and then \$1.50 for each additional half hour. Call the City of SM Parking Operations office (310) 458-8295, if you have Downtown Santa Monica parking questions or problems. Santa Monica College maps, transportation, and campus parking information are at [www.smc.edu/transportation](http://www.smc.edu/transportation). For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address [www.bigbluebus.com](http://www.bigbluebus.com); Metro, (323) GO-METRO, (323) 466-3876, web address [www.metro.net](http://www.metro.net).



Mail To: Emeritus College, 1227 Second Street, Santa Monica, CA 90401

Full Legal Last Name: \_\_\_\_\_ Middle: \_\_\_\_\_  
 Full Legal First Name: \_\_\_\_\_  
 Legal Permanent Street Address: \_\_\_\_\_ Apt. No.: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Mailing Address (if different from above). Include P.O. Box, City and Zip Code.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Area Code: \_\_\_\_\_ Telephone Number: \_\_\_\_\_ Birth Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_  
 Check One:  Male  Female  Winter  Spring

SMC/Emeritus College Identification No.: \_\_\_\_\_

**THIS APPLICATION IS FOR:**

**YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME YOU REGISTER.**

Have you enrolled in SMC or Emeritus Classes before? YES  NO

Have you resided in California for at least two years? YES  NO  If NO, since \_\_\_\_\_

If NO, last legal resident address: \_\_\_\_\_

Have you been disqualified or dismissed from a college? YES  NO

If yes, enter college name: \_\_\_\_\_ and year \_\_\_\_\_

Section No.	Course Names	Time/Day	Section No.	Course Names	Time/Day

**WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)**

<b>Ethnic Background</b>	1. African American 2. American Indian/Alaskan Native 3. White 4. Mexican/Chicano 5. Central American 6. South American 7. Hispanic Other 8. Asian Indian 9. Cambodian 10. Chinese 11. Filipino 12. Japanese 13. Korean 14. Laotian 15. Vietnamese 16. Asian Other 17. Guamanian 18. Hawaiian 19. Samoan 20. Pacific Islander
<b>Citizenship</b>	1. United States 2. Permanent Resident 3. Temporary Resident 4. Refugee/Asylee 5. Student F1 or M1 Visa 6. Other (specify below): _____ 7. Unknown 8. Foreign student taking online classes from home country.
<b>Enrollment Status</b>	If you selected No. 2,3,4,5, or 6, write in your Permanent Resident or Visa No.: _____ Issue Date: _____ 1. First time college student. 2. First time at SMC, attended another college. 3. Returning to SMC, last attended another college. 4. Returning to SMC, last attended SMC. 5. Continuing from a previous semester. 6. Special admit, currently enrolled in K-12.
<b>Educational Level</b>	Year last attended school: _____ CERTIFICATE, DEGREE OR GRADUATED FROM: 0. Non-high school graduate 1. Advanced high school 2. Adult Diploma 3. High school graduate – No college degree 4. Passed GED test 5. Received High School Proficiency Certificate 6. Foreign Secondary School Diploma 7. Earned College Associate Degree 8. Earned College Bachelor Degree or higher

**MY DONATION OF \$ \_\_\_\_\_ TO SUPPORT THE EMERITUS COLLEGE IS ENCLOSED.**

Emergency Contact: \_\_\_\_\_  
 Emergency Telephone No.: \_\_\_\_\_

**REQUIRED**

**\* WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM**

I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data or failure to report changes in residence may result in my dismissal.

Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

**YES!** Please include my name in the list of Friends of Emeritus College. I have enclosed my check for \$ \_\_\_\_\_ to help support the educational opportunities at Emeritus.

Check payable to: SMC FOUNDATION (write "Emeritus" in the memo line)

\$1,000 and above The Clock Tower Society  
 \$500 to \$999 Partner  
 \$250 to \$499 Colleague  
 \$100 to \$249 Sponsor

I am considering including Emeritus College in my will. Please contact me with information on The Heritage Club.

I am interested in learning about the tax benefits of estate planning and planned giving. Please contact me.

PLEASE PRINT:

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_

Santa Monica College  
1900 Pico Boulevard  
Santa Monica, CA 90405-1628



**MERITUS  
COLLEGE**

[www.smc.edu/emertus](http://www.smc.edu/emertus)



**Second Prize**  
Linda L. Velonis  
*Seeping Sap*  
2014

**Third Prize**  
Alex Vital  
*Mr. Pinapple Head*  
2013



#### **EMERITUS COLLEGE STAFF**

Gita Runkle, Acting Associate Dean  
Vivian Rankin-Scales, Program Coordinator  
Lauri Arneson, Administrative Assistant  
Jessica Riojas, Admissions and Records Clerk

#### **VOLUNTEERS**

Larry Abe, Danielle Avidan, Paula Van Berkom,  
Walter Coronel, Julie Engleman, Rita Devereaux, Homa  
Ghadimi, Pat Gorman, Fida Habib, Jeffrey Hogue,  
Estelle Hasson, Miriam Kafka, John Koenig,  
Brenda Koplin, Barbara Mersini, Nader Georgy,  
Audrey P. Neville, Werner Von Der Ohe, Frances  
Packer, Joseph "Wally" Pegrarn, Tahereh  
Sheikholislam, Joseph "Joe" Sipos, Emily Tsuchiyama,  
Alex Vital, Rosemarie Wolff, Pauline Yano

#### **EMERITUS COLLEGE EXECUTIVE COUNCIL**

Judy Blits & Marsha Franker- Co-Chairs, Al Barrett,  
Carole Bender, Walter Coronel, Ted Ehrlich, Beverly  
Fischer, Marshall Friedman, Martin Greenberger,  
Jeffrey Hogue, Charlotte Horstein, Natalie Newman,  
Lidia Rubinstein, Robert Stern, Harvey Stromberg,  
Helen Wachs

#### **SMC BOARD OF TRUSTEES**

Dr. Susan Aminoff, Chair; Rob Rader, Vice Chair; Dr. Nancy Greenstein;  
Dr. Louise Jaffe; Dr. Margaret Quiñones-Perez; Barry A. Snell; Dr. Andrew Walzer;  
Jesse Ramirez, Student Trustee; Dr. Chui L. Tsang, Superintendent/President

#### **WHAT IS EMERITUS COLLEGE ?**

Emeritus College, started in 1975, is a college for seniors. A program of Santa Monica College, Emeritus serves over 3,400 students annually and offers over 160 free classes of interest to seniors. All classes are held during the day at more than 20 convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All seniors are welcome. For more information, call the Emeritus office at (310) 434-4306 or stop by our office at 1227 Second Street, Santa Monica.

#### **¿ QUÉ ES EMERITUS COLLEGE ?**

Emeritus College, inaugurado en 1975, es un colegio para personas de edad avanzada. Este programa de Santa Monica College sirve a más de 3,400 estudiantes anualmente y ofrece más de 160 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el día en más de 20 localidades distribuidas convenientemente a través de la comunidad en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubiladas con honor." Todas las personas mayores son bien-venidos. Para más información, llame a la oficina de Emeritus al teléfono (310) 434-4306 o visítenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

Design: Charles Mark-Walker

**Emeritus College / Fall 2014 Schedule of Classes**