

# Emeritus College

A Program of Santa Monica College



Schedule of Classes / Fall 2015 / Aug. 31 – Dec. 19

# REGISTRATION

## IMPORTANT SEMESTER DATES

Friday, June 19, 2015 . . . . . **Schedule available online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus)**

Monday, July 6, 2015 . . . . . **Schedule available at Emeritus College and Santa Monica Libraries**

Monday, July 13, 2015. . . **First day of registration/enrollment**

Monday, August 31, 2015. . . . . **FALL SEMESTER BEGINS**

Monday, September 7, 2015 . . . . . **Labor Day**  
(No Classes/Office Closed)

Wednesday, November 11, 2015. . . . . **Veterans Day**  
(No Classes/Office Closed)

Thursday, Nov. 26 – Saturday, Nov. 28, 2015. . . **Thanksgiving Holiday** (No Classes/Office Closed)

Saturday, December 19, 2015 . . . . . **FALL SEMESTER ENDS**

## HOW TO REACH US SANTA MONICA COLLEGE



**EMERITUS  
COLLEGE**

1227 SECOND STREET  
SANTA MONICA, CALIFORNIA 90401-1108

**Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.**  
**Telephone: (310) 434-4306**  
**Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)**

## ENROLLMENT SERVICES OPTIONS

Listed above are the important semester dates. Students must enroll every semester. ***Students are allowed to enroll in a maximum of 4 classes for the Fall 2015 session.***

**NEW STUDENTS** are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus College Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. The large Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus).

**RETURNING STUDENTS** are those absent from classes for three semesters or more. They must use a large Application Form to enroll in classes. The large Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus).

**CONTINUING STUDENTS** are students actively enrolled in the present or previous 2 semesters. Continuing students may enroll themselves online or use a paper form. One week prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a randomly selected online enrollment appointment date/time. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule). Continuing Students who received an online enrollment appointment are the only students who are eligible to use authorization codes given to them by faculty to self-enroll online in closed classes after the start of the semester. If you receive an authorization code from a professor for a closed class, enroll yourself in the class online to get yourself processed into the class faster than submitting a paper add card to the Enrollment Services office.

## SMC STUDENT CORSAIR CONNECT ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS

Online enrollment appointments are computer generated and randomly selected. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus) or in the Emeritus College Enrollment Services office. Emeritus College mini computer lab volunteers can assist students with online enrollment when the mini lab is open. Go to room #209 during the first week of the enrollment period and use this great service! Mini lab hours are posted on the door and usually are from 9am – 4pm during the first week of enrollment. If a volunteer is unavailable, the mini lab will close that day. For helpful information online:

- Go to [www.smc.edu/emeritus](http://www.smc.edu/emeritus) – click onto the links located at the left hand side. There you will find helpful links, such as: Instructions – Online Enrollment; Corsair Connect (Online Enrollment & SMC Email); Searchable Schedule (to search which classes are open); and other helpful links.
- To use “Corsair Connect” to enroll online, make sure you have your SMC/Emeritus Student ID number, password and class section numbers available. If this is the first time you are using Corsair Connect, then your initial password will be your 6-digit date of birth (MMDDYY) and you will then be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password and for printing your online

enrollment transaction receipt. If you have forgotten your ID number or password, click on “I cannot access my account” on the Corsair Connect login screen and follow the next directions to retrieve your login information.

## PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus College Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.
- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your 2nd choice for a better chance of receiving a course of your choice.

## NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus College office for information. If you are attempting to enroll online, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

## TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus College. They must print their transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed: that indicates the class was filled, there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.

## CLOSED CLASSES

Class sections reopen automatically when students drop. Check for openings periodically by using the online Searchable Schedule. For closed classes, approach the instructor at the first meeting for an AUTHORIZATION CODE to enroll yourself in the class online or have the professor sign an add card/continuing student form. The AUTHORIZATION CODE is a one-time code to add via the Corsair Connect Web enrollment system. Please note the expiration date of authorization codes.

## SEARCHABLE SCHEDULE, GENERAL INFORMATION AND ENROLLMENT TIPS:

- Go to [www.smc.edu/emeritus](http://www.smc.edu/emeritus); on the left side menu, under the “Schedule of Classes” sub-menu, click onto “Searchable Schedule.” Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (e.g. open). Scroll down & click the “Search” button. A listing of classes appears below the “Search” button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.
- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped.
- Regular attendance is expected. Low attendance & low enrollment may cause class cancellations.
- Only enrolled students may attend and participate in class after one observational visit.

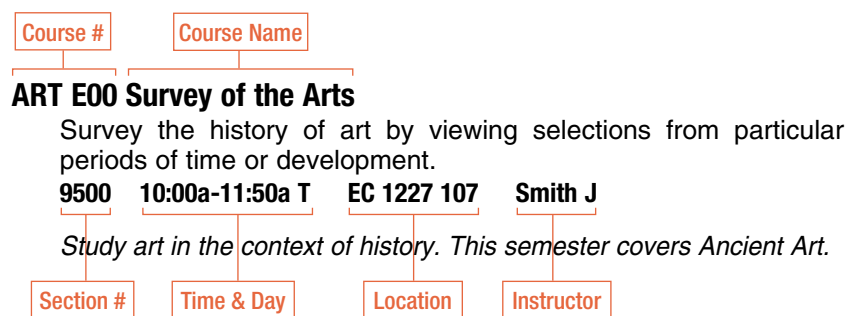
## ADDRESS CHANGES

Use an address card for changes or make the change online at [www.smc.edu/emeritus](http://www.smc.edu/emeritus), click on “Corsair Connect (Online Enrollment & SMC Email) from the menu on the left side and login. Then, click the “Enrollment” blue tab/link in the middle of the page. From the left side menu, click “Profile / Preferences” and update your address, then press “Submit Changes” at the bottom of the page to save the new information.

## EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at Enrollment Services or fill in the info on your enrollment form.

## A sample of a course from the schedule:



The 9000 level section number of the course must be placed in the “section” field on the application form or add card for correct enrollment.

## Abbreviation of Days

- |               |                          |
|---------------|--------------------------|
| M = Monday    | S = Saturday             |
| T = Tuesday   | MW = Monday & Wednesday  |
| W = Wednesday | MF = Monday & Friday     |
| Th = Thursday | TTh = Tuesday & Thursday |
| F = Friday    | WF = Wednesday & Friday  |



## News from the SMC Associate Dean of Emeritus College



Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

June 2015

Dear Emeritus Community,

Throughout the month of May 2015, we had a great celebration of the 40th anniversary of Emeritus College! We started off with an Open House on May 4th that included live music and live portraits by Emeritus students, a photo slide show of Emeritus past and present, as well as a preview of artwork and Silent Benefit items.

The following week, on the evening of Tuesday, May 12th, we held the Opening Reception for the Silent Benefit and Art Exhibition which was beautifully curated by Jesse Benson. During the third week of May, Emeritus held its Annual Fund Drive where an army of volunteers manned a table every day outside of the Emeritus walkway to fundraise for Emeritus. And in the last week of May, the Closing Event was held on Thursday, May 28th. The closing event included a presentation of a resolution from Assemblymember Richard Bloom's office and an honoring of Maggie Hall, retired Associate Dean of Emeritus, for her 34 years of service to Emeritus.

Hopefully, you got an opportunity to participate in one or all of the 40th anniversary events and received a commemorative pen. If you did not get a commemorative pen for the 40th anniversary, please feel free to stop by the Emeritus offices to pick one up (while supplies last).

The 40th anniversary celebrations were made possible by a committee full of amazing student volunteers, including: Judy Blits, Walter Coronel, Marie Dubrow, Marsha Franker, Rita Friedman, Shirl Grayson, Wally Grayson, Charlotte Horstein, Edie London, Lorraine Miller, and Sue Raff. In addition to the 40th committee members, there were also helpful volunteers who assisted throughout the anniversary celebrations, including: Archie Barkan, Al Barrett, Carole Bender, Laurette Carlson Boarman, Beverly Fischer, Marshall Friedman, Monty Friedman, Maya Ganor, Jeff Hogue, David Jacques, Jack Jaye, Audrey Roll, Florence Rosenbloom, Jerry Schneir, Harvey Stromberg, Jo Tashima, Alex Vital, Helen Wachs, and many others.

We also thank the SMC Foundation for their partnership, as well as our sponsors of the 40th anniversary: Merrill Lynch Bank of America Corporation, UCLA Health, and Heart Light.

Best regards,

Gita Runkle  
Acting Associate Dean, Emeritus College

### IMPORTANT NOTES TO STUDENTS:

- Some of the abbreviations for locations/facilities have changed slightly in the schedule. See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator.

## ARTS & CRAFTS

### ART E00 Survey of Art

Survey of art: View selections from selected time periods and artists. Classes with "ITINERARY" listed as a location have field trips to galleries, museums, studios and site-specific works of art. For "ITINERARY" classes, first meeting only at 1227 2nd St. to receive the itinerary. Gallery tour schedules may change due to venue schedules.

9701	9:00a-10:50a F	EC 1227 409	Schapa E J
9702	11:00a-12:50p T	ITINERARY	Walker C L
9703	1:00p-2:50p F	ITINERARY	Hero C J
9704	1:30p-3:20p W	ITINERARY	Hero C J
9705	1:30p-3:20p Th	ITINERARY	Hero C J

### ART E06 Artistic Expression through Gardening

Meet first at SE corner 24th & Marguerita, north of Montana, to receive the itineraries.

9707	10:00a-11:50a M	ITINERARY	Jaeger J E
9708	10:00a-11:50a T	ITINERARY	Jaeger J E

### ART E15 Drawing

9709	9:00a-11:15a T	EC 1227 205	Goodin M L
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Learn the basics of drawing realistically. Good for the beginner and students who would like to improve their drawing skills. A variety of materials and subjects will be included.

9710	9:15a-11:30a F	EC 1227 204	Hero C J
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Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.

9711	12:30p-2:45p F	EC 1227 204	Tirr C A
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Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.

9712	1:30p-3:45p T	MALIBU	Trentham B M
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Pastel painting of still-life, landscape and possibly "plein air" painting.

### ART E16 Life Drawing Studio

9713	9:00a-11:50a W	EC 1227 204	Reynolds T
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Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.



**9714 9:00a-11:50a Th EC 1227 204 Goodin M L**

*For beginners and others wanting to increase their skills. Includes lessons in anatomy, proportion, structure and expression. Short, medium and long poses.*

**9715 1:00p-3:50p Th EC 1227 204 Goodin M L**

*Painting the human form – long pose for painting.*

## ART E19 Painting

**9825 9:00a-11:50a M EC 1227 205 Bromberg T L**

*Assignments are designed for the progressing student. A basic grasp of the fundamentals of painting is highly recommended.*

## ART E20 Drawing and Painting

*Multimedia drawing and painting for persons at all levels of skill. Learn about space, line, value and color in a workshop atmosphere.*

**9716 9:00a-11:15a M EC 1227 204 Benson J K**

## ART E21 Painting/Drawing, Oil and Acrylic

**9717 9:00a-11:15a Th EC 1227 205 Brutsche J**

*Learn to paint with traditional oil paint without using solvents. Paint still life setups or work from your own photos. Individual instruction and class demonstrations along with learning the technique of this method of painting in oil will enable you to paint in a healthier way.*

**9719 9:00a-11:15a F EC 1227 205 Donon S G**

*Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.*

**9720 11:30a-1:45p M EC 1227 204 Benson J K**

*Enhance your creativity through painting. **This section is endowed in the memory of Francis J. Abrahams.***

## ART E22 Watercolor

**9721 9:00a-11:15a T EC 1227 204 Manseau F J**

*Designed for beginning watercolorists. A techniques and methods class concentrating on the “how” of the medium: washes, brush strokes, color, value and composition.*

**9722 11:30a-1:45p T EC 1227 204 Manseau F J**

*Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.*

## ART E24 Calligraphy

**9723 9:30a-11:20a F 1450 OCEAN Martorello J M**

*Learn a variety of calligraphic hands. Enhance your project with grace and style.*

## ART E30 Watercolor Studio

**9724 9:00a-11:50a Th ITINERARY Walker C L**

*All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park to get the itinerary.*

**9725 9:00a-11:50a F ITINERARY TIRR C A**

*An outdoor, “plein air” class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: Tongva Park on Main St., between Colorado Ave. & Olympic Dr., across the street from Santa Monica City Hall.*

# YOU'VE GOT SMC EMAIL!

Every student at Emeritus College has been assigned a Santa Monica College email address. Check it regularly to get information from college faculty and staff.

## How do you get to your email?

- Go to the Santa Monica College website at [www.smc.edu](http://www.smc.edu)
- Click on the **Corsair Connect** tab at the top of the screen
- Type in your **Student ID Number and Password**
- Click **Login**
- Your email may open automatically as a new window
- If you don't see your email, click on the **Home** tab in the upper right hand corner

**9726 12:00p-2:50p T EC 1227 205 Goodin M L**

*Watercolor, drawing, and design inspired by the beauty of nature and still life. Express yourself in watercolor. All levels are welcome.*

**9727 12:00p-2:50p W EC 1227 204 TIRR C A**

*Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.*

## ART E55 Sculpture

**9728 12:00p-2:15p Th EC 1227 205 Benson J K**

*Become inspired and stimulated creatively in three dimensions. Materials to be used vary. Please contact instructor for a materials list: [Benson\\_Jesse@smc.edu](mailto:Benson_Jesse@smc.edu)*

## ART E80 Jewelry Making

**9729 11:30a-1:45p Th 1450 OCEAN Ryza S V**

*Advanced: Projects for this section are more complex, new projects weekly. Students need to master basic jewelry skills prior to enrolling.*

**9730 2:00p-4:15p Th 1450 OCEAN Ryza S V**

*Beginning: New projects weekly – knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.*

TRIBUTE



## BUSINESS, ESTATE PLANNING, AND FINANCE

### BUS E00 Planning for Retirement, Healthcare and Estate Planning

For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills, trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long term care issues by Virginia Hart.

9733 11:30a-1:20p Th EC 1227 408 McIlrath P K

## EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

### OCC E00 Introduction to Computers

This course assists older adults in accessing the world of computers and technology to improve interaction with their families and to promote self-expression. Older adults learn about personal computers, improve technical vocabulary, review typing and mouse skills, and learn how to use special function computer keys.

9805 1:30p-3:20p F EC 1227 208 Espinosa-Frech H A

### OCC E01 Word Processing

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

9806 9:00a-10:50a M EC 1227 208 Rodriguez J E

*Beginner course.*

9807 11:00a-12:50p M EC 1227 208 Rodriguez J E

*Intermediate course.*

9808 11:00a-12:50p F EC 1227 208 Espinosa-Frech H A

*Beginner course.*

### OCC E10 Using Data Files for Older Adults

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9809 11:00a-12:50p T EC 1227 208 Simmonds A R

### OCC E20 Using the Internet Safely for Older Adults

Introduction to the internet. Learn the secrets of safely searching for information on the internet, sending and receiving emails, or attaching and sending pictures to friends and family. Develop confidence using the internet. Build your skills and understanding of the computer.

9810 11:00a-12:50p Th EC 1227 208 Simmonds A R

### PHOTO E00 Digital Photography I

9811 9:00a-10:50a T EC 1227 107 Schneur G

*Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.*

### PHOTO E10 Digital Photography II

9812 9:00a-10:50a W EC 1227 208 Rodriguez J E

*Intermediate level. Take your Photoshop skills to the next level. Students are encouraged to bring a few personal pictures on flash drives to edit during class. Some experience with Photoshop required.*

9813 1:00p-2:50p M EC 1227 208 Buckner K D

*Beginner course. Designed for the digital photographer novice, taking pictures, transferring them to your computer, beginning cropping, editing and color corrections using Photoshop Elements.*

9814 9:00a-10:50a F EC 1227 208 Espinosa-Frech H A

*Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.*

## HOME ARTS AND MAINTENANCE

### CT E00 The Fix-It Class – Repair Almost Anything

A wide variety of consumer-oriented repair problems are addressed in this demonstration/lecture class. Beginners: Learn to do minor household repairs for yourself or supervise others. Repair leaky faucets, handle minor electrical problems, hang almost anything, caulking, etc.

9734 1:00p-3:15p M EC 1227 408 Ross M A

### HME EC E01 Sewing Lab

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This class is for beginners and more advanced sewers.

9782 12:00p-2:50p F EC 1227 205 Staff

### HME EC E71 Needlecraft – II

Bring a fiber project to work on, e.g., knitting, crochet, weaving, basketry, or needlepoint. Learn new techniques or receive teacher assistance in this relaxed class. Students purchase their own materials. Beginner and intermediate levels.

9785 1:30p-4:20p W 1450 OCEAN Ryza S V

## HEALTH & CONDITIONING

### HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Practice of yoga with emphasis on developing strength, flexibility, balance, focus and breath. You will also learn how to relax, increase circulation, and improve your overall health and well-being. Please bring your own yoga mat (unless section is chair-based), a notebook and pencil.

9752 8:30a-10:20a WF EC 1227 308 Dee D

9753 10:00a-11:50a TTh EC 1227 308 Cooper M

9754 10:30a-12:20p TTh 1450 OCEAN Cass K

*The above section is chair based – no mat required.*

9755 11:00a-12:50p MW EC 1227 308 Lieb J B

9756 2:00p-3:50p TTh EC 1227 308 Walton B O

### HEALTH E22 Chi Gong Principles & Practices for Older Adults

Learn traditional Chinese exercise for health and well being. Emphasis on developing strength, flexibility and balance. Practice limbering movement with mindful breathing to increase and maintain your range of motion.

9757 8:30a-9:45a TTh EC 1227 308 Holtzermann C

### HEALTH E23 T'ai Chi Principles & Practices for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement of the long, Yang style form. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9758 9:00a-10:15a MF VP CTR Akers P A

*Beginner and intermediate. Meets at Virginia Park Center, Fitness Room #1.*

9759 10:30a-11:45a TTh MEMOR PK Terry Jr P W

*Beginner course.*

9760 12:00p-1:15p WF EC 1227 304 Staff

9761 12:30p-1:45p TTh EC 1227 304 Terry Jr P W

*Intermediate course.*

9762 2:00p-3:15p MF EC 1227 304 Akers P A

*Intermediate and advanced.*

### HEALTH E24 Physical Fitness Principles & Practices for Older Adults

Learn how to safely build your aerobic capacity. Low-impact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility.

9763 8:30a-9:45a TTh VP CTR Moy D N

*Meets in VIRGINIA PARK CENTER, Fitness Room #1.*

9764 9:00a-10:15a MW EC 1227 304 Wapner-Baart L J

9765 9:00a-10:15a TTh 1450 OCEAN Wapner-Baart L J

9767 9:30a-10:45a TTh EC 1227 304 Yewell R E

*Intermediate and advanced.*

9768 11:00a-12:15p TTh EC 1227 304 Yewell R E

*Beginner course.*

## ATTEND All Your Classes!

Please be sure to attend all of your Emeritus College classes. Emeritus College gets funded by the State of California based on each day of every class that you attend. Low class attendance may result in class cancellations. If you cannot attend class, please withdraw online or by filling out a withdrawal form to allow space for another student. Students who do not attend class may be dropped from the class.

### HEALTH E25 Strength & Stamina Training Principles & Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and/or other fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and stress management are included. Students create a personal fitness and strength training plan based on their individual needs and physical challenges.

9769 8:00a-9:15a TTh EC 1227 304 Yewell R E

9770 10:00a-11:15a TTh VP PATIO Regalado O

9827 10:30a-11:45a MW EC 1227 304 Huner K A

9771 10:30a-11:45a MW 1450 OCEAN Vaillancourt A

*Focus on the techniques of Aerobic exercise as you develop stamina. Each student should be able to learn exercises that require standing for a minimum of thirty minutes. Personal programs will be designed.*

9772 12:00p-1:15p TTh CLOVER Wapner-Baart L J

*Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details: wapner-baart\_linda@smc.edu*



### HEALTH E30 Personal Safety – Fall Prevention

Falls are the most frequent cause of serious injury to older adults. Learn how, when and where falls occur and how to avoid falling at home, around town or on your travels. Improve your balance and learn to recover it. Lectures are followed by light exercise. Bring a mat, notebook and pencil.

9773 12:00p-1:50p M EC 1227 304 Albert G S

## HEALTH E34 Stress Reduction through Yoga

Learn how to practice standing, seated and supine (lying down) poses together with focus and conscious breathing to improve your overall health and well-being, induce relaxation and support your energetic and emotional balance. Please bring your own yoga mat, a notebook and pencil.

**9774 8:00a-9:50a S VP CTR Holtzermann C**

*Meets at VIRGINIA PARK CENTER, Fitness Room #1.*

**9775 9:00a-10:50a M EC 1227 308 Walton B O**

**9776 11:00a-12:50p F EC 1227 308 Lieb J B**

## HEALTH E38 Joint Health & Mobility for Older Adults

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

**9777 9:00a-10:15a MW 1450 OCEAN Vaillancourt A**

*You will learn to strengthen your lower body with exercises performed on mats and use free weights for upper body strength. Personal programs will be designed.*

**9778 10:30a-11:45a TTh VP CTR Wapner-Baart L J**

*Meets at VIRGINIA PARK CENTER, Fitness Room #1.*

**9779 10:30a-11:45a TTh WISE Moy D N**

*This class is specifically designed for participants of the WISE ADULT DAY PROGRAM. Teacher approval is required before enrolling.*

**9780 2:00p-3:15p TTh EC 1227 304 Regalado O**

## HEALTH E63 Body Conditioning After a Stroke

Learn to cope with the effects of a stroke. Develop your own personal plan. Restore energy, flexibility and range of motion through exercise. Learn to safely exercise sitting, standing and/or lying on a mat. Stretching, strengthening, and helping posture and balance. Limited class size. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

**9781 Arrange-Time EC 1227 307 Nakasuji B J**

**Arrange-Time EC 1227 307 Li J A**

**Arrange-Time EC 1227 307 Phillips B S**

## HUMAN DEVELOPMENT AND RELATIONS

### HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy life. Lecture-based class. Learn how you can improve your brain and enjoy your life more fully. Techniques such as meditation, mindfulness, positive thinking, breathing, humor, diet, stress management, and light physical movement will be used.

**9786 1:30p-2:45p TTh EC 1227 408 Albert G S**

### HUMDEV E15 Senior Studies – Theater – History of Comedy

History of comedy: A look at comedy in theater, literature, film and music.

**9787 9:00a-10:50a W EC 1227 409 Achorn J C**

### HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. ***This course is offered in memory of Luisa R. G. Kot.***

**9788 3:00p-5:00p Th EC 1227 107 Peterson J D**

### HUMDEV E24 Bereavement Support

Encouragement and support offered in a small group setting guided by a trained and experienced counselor. ***This course is offered in memory of Zelda Herman.***

**9789 1:30p-3:20p M EC 1227 407 Press P L**

### HUMDEV E25 Dealing with Hearing Impairment

This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.

**9790 12:30p-2:20p T EC 1227 407 Frand L**

### HUMDEV E27 Enhancing Memory Skills

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Learn activities that keep the brain alive and active through mental aerobics, right- and left-brain tasks.

**9791 10:00a-11:50a T EC 1227 407 Frand L**

**9792 12:30p-2:20p W EC 1227 407 Frand L**

### HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

**9793 1:30p-3:20p W EC 1227 208 Feinberg L H**



TRIBUTE

TRIBUTE



## HUMDEV E50 Communication After a Stroke

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Disabled Student Center for approval to register, (310) 434-4442.

9794 10:30a-11:45a W EC 1227 408 Feinberg L H  
11:45a-1:15p W EC 1227 408 Feinberg L H

## PSYCH E33 Living as a Single Person

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

9818 11:00a-12:50p M EC 1227 408 Press P L

## LITERATURE AND WRITING

### BILING E01 Literature in Spanish

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others. Meets in THELMA TERRY Building, Workshop 3.

IN SPANISH

9731 9:00a-10:50a F VP TERRY Quiñones H C

### BILING E02 French Literature

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

IN FRENCH

9732 2:00p-3:50p T EC 1227 409 Isner-Ball D R

### BILING E03 Yiddish Literature

Some Yiddish speaking and reading skills are needed to fully enjoy this class. Share life experiences; read aloud newspapers, classic stories, and modern literature to learn about thousands of years of Yiddish culture.

IN YIDDISH

9826 1:30p-3:20p W EC 1227 409 Staff

### ENGL E20 Literature: The Novel

9735 2:00p-3:50p M EC 1227 409 Dwyer F

*We will continue our journey through Marcel Proust's In Search of Lost Time. We are currently reading volume 3, The Guermites Way: we'll begin wherever we stopped at the end of the Spring 2015 semester. We will be using the translation by C. K. Scott Moncrieff and Terence Kilmartin, revised by D. J. Enright. Make sure you get the right edition: if it does not include all three names, you will find it increasingly difficult to follow the reading and discussion.*

### ENGL E22 Short Story

Overview and discussion of works by contemporary writers. Authors from different countries.

9736 10:00a-11:50a T EC 1227 408 Wali M

### ENGL E23 Shakespeare

There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. Selected plays by William Shakespeare will be studied and discussed. A good time is guaranteed.

9737 9:00a-10:50a M EC 1227 107 Achorn J C

9738 11:00a-12:50p M EC 1227 107 Achorn J C

## Check Out the EMERITUS COLLEGE WEBSITE

[www.smc.edu/emeritus](http://www.smc.edu/emeritus)

### YOU'LL FIND

- Enrollment information and instructions for Emeritus College
- Schedules of Classes
- How to support Emeritus College
- Emeritus College news and information
- Bulletin Board of community events
- The Emeritus Voice newsletter
- Executive Council pictures and bios
- Contact information for Emeritus College
- And more....

### ENGL E24 Bible as Literature

9739 2:00p-3:50p Th SM SYNG Marx J A

*"Walking in the Wilderness Wonderland: The Book of Numbers." Study biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx.*

### ENGL E25 Literature: The American Novel

9741 9:00a-10:50a T EC 1227 409 Achorn J C

*Explore the development of the American novel, the writers and their lives and times.*

### ENGL E27 Poetry

9742 10:00a-11:50a W MALIBU Davis C V

*Contemporary American Literature: Cross Genre.*

### ENGL E28 Plays and Playwrights

Discover the world of drama. Study theater from a literary viewpoint and learn about plots, characters and the many interpretations through comparative analysis.

9743 2:00p-3:50p W EC 1227 408 Ross M S



## ENGL E29 Greek Literature

9744 11:30a-1:20p M EC 1227 409 Dwyer F

We will finish our survey of the plays of Sophocles with his three Theban plays: *Oedipus the King*, in the translation by Stephen Berg & Diskin Clay; *Oedipus at Colonus*; and *Antigone*. The syllabus will let you know which translations of the latter two plays we will be using. We will also discuss Aristotle's *Poetics*.

## ENGL E30 Creative Writing

9745 9:00a-11:15a M EC 1227 409 Kronsberg G J

Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.

9746 9:30a-11:45a T MALIBU Reich E S

Come learn the art of skillful writing. All levels are welcome.

## ENGL E33 Autobiography

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9747 9:00a-11:15a Th EC 1227 408 Wali M

9748 9:30a-11:45a S PAC 116 Fox Jr R W

Above 9748 section meets at the Performing Arts Center, 1310 11th Street.

9749 12:00p-2:15p S PAC 116 Wali M

Above 9749 section meets at the Performing Arts Center, 1310 11th Street.

9750 12:30p-2:45p F MALIBU Reich E S

## ENGL E37 Writing Seminar

Develop and refine your writing skills in an informal round table atmosphere. Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.

9751 9:00a-11:50a Th EC 1227 409 Kronsberg G J

## MUSIC PERFORMANCE AND APPRECIATION

### MUSIC E00 Concert Band

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. Players of brass, woodwind, or percussion instruments may enroll with the consent of the instructor.

9795 6:30p-9:20p T LINCOLN Staff

### MUSIC E03 "The Merits" – Vocal Ensemble

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9796 10:00a-12:50p T FST PRES Bryant W

### MUSIC E04 Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9797 1:00p-2:50p Th EC 1227 107 Elliott W H

### MUSIC E06 Gospel Community Chorus

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced.

9798 12:00p-1:50p W CAL BAPT Bryant W

### MUSIC E10 Spanish Folk Singing

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options. Meets in VIRGINIA PARK Thelma Terry Building, Workshop #3.



9799 12:00p-1:50p T VP TERRY Perez J Z

### MUSIC E30 Opera Appreciation

Experience opera behind the scenes and as an audience member from the beginning to the descending curtain.

9800 2:00p-3:50p T EC 1227 107 Jackson L R

### MUSIC E32 Music Appreciation

9801 12:00p-1:50p F EC 1227 107 Peterson J D

Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.

9802 1:00p-2:50p M EC 1227 107 Hetz M L

Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.



## MUSIC E34 Lyric Chorus

A chorus of voices singing three-part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful.

9803 9:00a-11:50a Th EC 1227 107 Elliott W H

## MUSIC E51 Piano and Theory

Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful.

9804 12:15p-2:05p S PAC 200 Hetz M L

Above 9804 section meets at the Performing Arts Center, 1310 11th Street.

## POLITICAL SCIENCE

### POL SC E00 Current Events

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the U.S. and around the world.

9815 9:30a-11:20a W EC 1227 107 Stromberg H L

9816 10:00a-11:50a M SM LIB Reiner M

9817 2:00p-3:50p F EC 1227 107 Trives N

2:00p-3:50p F EC 1227 107 Johnson J P

## THEATER ARTS

### TH ART E01 Principles of Acting

Dust off your thespian robes and sharpen your acting skills in this actors' workshop. Scenes from plays are polished and performed for the public. The first class will meet at the scheduled class time. Class days and times beyond that will vary based on availability of performance spaces. Contact professor for more details: gannen\_barbara@smc.edu

9819 11:00a-1:50p T EC 1227 107 Gannen B

9820 2:30p-5:20p T EC 1227 407 Gannen B

### TH ART E02 Theater Arts Appreciation

Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. **This class is offered in memory of Dorothy Tunis.**

9821 9:00a-10:50a F EC 1227 107 Abatemarco A M

### TH ART E05 Reader's Theater

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting.

9822 11:00a-12:50p F EC 1227 408 Abatemarco A M

### TH ART E30 Dramatic Interpretation Through Movies

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

9823 1:30p-3:45p W EC 1227 107 Laffey S A

*We regret an error on the printed Summer 2015 schedule of classes.*

The image of the *Grey Heron* on the cover of the schedule is by artist **Isaac Yusim**, *A Great Dancer*, 2014, 16" x 20".

## Does Being a Health and Wellness Coach Interest You?

**Jewish Family Service of Los Angeles (JFSLA)** is seeking seniors, ages 55 and older, to volunteer as Health and Wellness Coaches to assist other seniors by participating in our Senior Health and Wellness Program. As a Health and Wellness Coach you will be trained to help other seniors age in place by providing them with companionship and connecting them to community resources.

*Come be a part of something special!*

**For more information, please call:**

Erika Zambrano-Morales, MA (213) 260-7919



# WITHOUT YOU, There is No "US" in EMERITUS.

**OUR SUCCESS DEPENDS ON THE  
SUPPORT WE GET FROM YOU.**

*EMERITUS COLLEGE IS  
RECRUITING VOLUNTEERS.*

**If you are interested, please call  
the Program Coordinator, Vivian  
Rankin-Scales, at (310) 434-3851.**

TRIBUTE



# CLASSES BY THE DAY FALL 2015

## MONDAY

9:00a-11:15a	9716	ART E20 Drawing and Painting	EC 1227 204
9:00a-10:50a	9737	ENGL E23 Shakespeare	EC 1227 107
9:00a-11:15a	9745	ENGL E30 Creative Writing	EC 1227 409
9:00a-10:50a	9775	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a-10:50a	9806	OCC E01 Word Processing	EC 1227 208
9:00a-11:50a	9825	ART E19 Painting	EC 1227 205
10:00a-11:50a	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9816	POL SC E00 Current Events	SM LIB
11:00a-12:50p	9738	ENGL E23 Shakespeare	EC 1227 107
11:00a-12:50p	9807	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p	9818	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a-1:45p	9720	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a-1:20p	9744	ENGL E29 Greek Literature	EC 1227 409
12:00p-1:50p	9773	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
1:00p-3:15p	9734	CT E00 The Fix-It Class – Repair Almost Anything	EC 1227 408
1:00p-2:50p	9802	MUSIC E32 Music Appreciation	EC 1227 107
1:00p-2:50p	9813	PHOTO E10 Digital Photography II	EC 1227 208
1:30p-3:20p	9789	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p-3:50p	9735	ENGL E20 Literature: The Novel	EC 1227 409

## MONDAY AND WEDNESDAY

9:00a-10:15a	9764	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
9:00a-10:15a	9777	HEALTH E38 Joint Health & Mobility	1450 OCEAN
10:30a-11:45a	9827	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
10:30a-11:45a	9771	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
11:00a-12:50p	9755	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308

## MONDAY AND FRIDAY

9:00a-10:15a	9758	HEALTH E23 T'ai Chi Principles & Practices	VP CTR
2:00p-3:15p	9762	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## TUESDAY

9:00a-11:15a	9709	ART E15 Drawing	EC 1227 205
9:00a-11:15a	9721	ART E22 Watercolor	EC 1227 204
9:00a-10:50a	9741	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a-10:50a	9811	PHOTO E00 Digital Photography I	EC 1227 107
9:30a-11:45a	9746	ENGL E30 Creative Writing	MALIBU
10:00a-11:50a	9708	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9736	ENGL E22 Short Story	EC 1227 408
10:00a-11:50a	9791	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
10:00a-12:50p	9796	MUSIC E03 "The Merits" – Vocal Ensemble	FST PRES
11:00a-12:50p	9702	ART E00 Survey of Art	ITINERARY
11:00a-12:50p	9809	OCC E10 Using Data Files for Older Adults	EC 1227 208
11:00a-1:50p	9819	TH ART E01 Principles of Acting	EC 1227 107
11:30a-1:45p	9722	ART E22 Watercolor	EC 1227 204
12:00p-2:50p	9726	ART E30 Watercolor Studio	EC 1227 205
12:00p-1:50p	9799	MUSIC E10 Spanish Folk Singing	VP TERRY
12:30p-2:20p	9790	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
1:30p-3:45p	9712	ART E15 Drawing	MALIBU
2:00p-3:50p	9732	BILING E02 French Literature	EC 1227 409
2:00p-3:50p	9800	MUSIC E30 Opera Appreciation	EC 1227 107
2:30p-5:20p	9820	TH ART E01 Principles of Acting	EC 1227 407
6:30p-9:20p	9795	MUSIC E00 Concert Band	LINCOLN

## TUESDAY AND THURSDAY

8:00a-9:15a	9769	HEALTH E25 Strength & Stamina Training	EC 1227 304
8:30a-9:45a	9757	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a-9:45a	9763	HEALTH E24 Physical Fitness Principles & Practices	VP CTR
9:00a-10:15a	9765	HEALTH E24 Physical Fitness Principles & Practices	1450 OCEAN
9:30a-10:45a	9767	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a-11:50a	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
10:00a-11:15a	9770	HEALTH E25 Strength & Stamina Training Principles & Practices	VP PATIO
10:30a-12:20p	9754	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a-11:45a	9759	HEALTH E23 T'ai Chi Principles & Practices	MEMOR PK
10:30a-11:45a	9778	HEALTH E38 Joint Health & Mobility	VP CTR
10:30a-11:45a	9779	HEALTH E38 Joint Health & Mobility	WISE
11:00a-12:15p	9768	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p-1:15p	9772	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p-1:45p	9761	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p-2:45p	9786	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain	EC 1227 408
2:00p-3:50p	9756	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p-3:15p	9780	HEALTH E38 Joint Health & Mobility	EC 1227 304

## WEDNESDAY

9:00a-11:50a	9713	ART E16 Life Drawing Studio	EC 1227 204
9:00a-10:50a	9787	HUMDEV E15 Senior Studies – Theater – History of Comedy	EC 1227 409
9:00a-10:50a	9812	PHOTO E10 Digital Photography II	EC 1227 208
9:30a-11:20a	9815	POL SC E00 Current Events	EC 1227 107
10:00a-11:50a	9742	ENGL E27 Poetry	MALIBU
10:30a-11:45a	9794	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:45a-1:15p	9794	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p-2:50p	9727	ART E30 Watercolor Studio	EC 1227 204
12:00p-1:50p	9798	MUSIC E06 Gospel Community Chorus	CAL BAPT
12:30p-2:20p	9792	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
1:30p-3:20p	9704	ART E00 Survey of Art	ITINERARY
1:30p-4:20p	9785	HME EC E71 Needlecraft – II	1450 OCEAN
1:30p-3:20p	9793	HUMDEV E28 Communication After a Stroke (Computer Based)	EC 1227 208
1:30p-3:45p	9823	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107
1:30p-3:20p	9826	BILING E03 Yiddish Literature	EC 1227 409
2:00p-3:50p	9743	ENGL E28 Plays and Playwrights	EC 1227 408

## WEDNESDAY AND FRIDAY

8:30a-10:20a	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:00p-1:15p	9760	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## THURSDAY

9:00a-11:50a	9714	ART E16 Life Drawing Studio	EC 1227 204
9:00a-11:15a	9717	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9724	ART E30 Watercolor Studio	ITINERARY
9:00a-11:15a	9747	ENGL E33 Autobiography	EC 1227 408
9:00a-11:50a	9751	ENGL E37 Writing Seminar	EC 1227 409
9:00a-11:50a	9803	MUSIC E34 Lyric Chorus	EC 1227 107
11:00a-12:50p	9810	OCC E20 Using the Internet Safely	EC 1227 208



11:30a-1:45p	9729	ART E80 Jewelry Making	1450 OCEAN
11:30a-1:20p	9733	BUS E00 Planning for Retirement, Healthcare and Estate Planning	EC 1227 408
12:00p-2:15p	9728	ART E55 Sculpture	EC 1227 205
1:00p-3:50p	9715	ART E16 Life Drawing Studio	EC 1227 204
1:00p-2:50p	9797	MUSIC E04 Voice Training	EC 1227 107
1:30p-3:20p	9705	ART E00 Survey of Art	ITINERARY
2:00p-4:15p	9730	ART E80 Jewelry Making	1450 OCEAN
2:00p-3:50p	9739	ENGL E24 Bible as Literature	SM SYNG
3:00p-5:00p	9788	HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series	EC 1227 107

## FRIDAY

9:00a-10:50a	9701	ART E00 Survey of Art	EC 1227 409
9:00a-11:15a	9719	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9725	ART E30 Watercolor Studio	ITINERARY
9:00a-10:50a	9731	BILING E01 Literature in Spanish	VP TERRY
9:00a-10:50a	9814	PHOTO E10 Digital Photography II	EC 1227 208
9:00a-10:50a	9821	TH ART E02 Theater Arts Appreciation	EC 1227 107
9:15a-11:30a	9710	ART E15 Drawing	EC 1227 204
9:30a-11:20a	9723	ART E24 Calligraphy	1450 OCEAN
11:00a-12:50p	9776	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
11:00a-12:50p	9808	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p	9822	TH ART E05 Reader's Theater	EC 1227 408
12:00p-2:50p	9782	HME EC E01 Sewing Lab	EC 1227 205
12:00p-1:50p	9801	MUSIC E32 Music Appreciation	EC 1227 107
12:30p-2:45p	9711	ART E15 Drawing	EC 1227 204
12:30p-2:45p	9750	ENGL E33 Autobiography	MALIBU
1:00p-2:50p	9703	ART E00 Survey of Art	ITINERARY
1:30p-3:20p	9805	OCC E00 Introduction to Computers	EC 1227 208
2:00p-3:50p	9817	POL SC E00 Current Events	EC 1227 107
2:00p-3:50p	9817	POL SC E00 Current Events	EC 1227 107

## SATURDAY

8:00a-9:50a	9774	HEALTH E34 Stress Reduction through Yoga	VP CTR
9:30a-11:45a	9748	ENGL E33 Autobiography	PAC 116
12:00p-2:15p	9749	ENGL E33 Autobiography	PAC 116
12:15p-2:05p	9804	MUSIC E51 Piano and Theory	PAC 200

## VARIED SCHEDULE

Arrange-Time	9781	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9781	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9781	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307

## GRANTS

Grants are available for students with material or book needs. Make a confidential request to the Program Coordinator, (310) 434-4306.

## STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- Sandi Burnett, ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Titulos VI y VII de la Ley de Derechos Civiles de 1964, el Titulo IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam

## DONATIONS

**Help provide for supplies, equipment, classroom rentals, activities and more. Please make checks payable to SMC Foundation and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.**

### THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, *Senior Director, Government Relations and Institutional Communications*

Ming-Yea Wei, *Marketing Design Analyst*

Charles Mark-Walker, *Graphic Designer*

*Santa Monica College Contributors: Jeffery Shimizu, Gita Runkle, Vivian Rankin-Scales, Lauri Arneson, Jessica Riojas, Jonathan Ng, and David Fein.*



# FACILITIES

Facilities	Big Blue Bus Lines	Location
EC 1227 107		Emeritus College, 1227 Second St., Room # (2nd & Wilshire), SM
EC 1227 204, EC 1227 205, EC 1227 208		The #1, #8, #7 & Rapid 7 Big Blue Bus stops at 3rd and Santa Monica Blvd.
EC 1227 304, EC 1227 307, EC 1227 308		The # 2, #3M, #4 & #9 Big Blue Bus stops at 4th and Wilshire Blvd.
EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410		The #8 Big Blue Bus stops at 2nd and Broadway Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
AET	5	SMC Academy of Entertainment & Technology, 1660 Stewart St. (½ block N. of Olympic), SM
CAL BAPT	5, Crosstown Ride 41	Calvary Baptist Church, 1502 20th St. (20th & Broadway), SM
CALL US!		Call (310) 434-4306, Emeritus College, 1227 2nd St. (2nd & Wilshire), SM
CLOVER	8, Sunset Ride 44	2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	1, 5, Crosstown Ride 41	1500 block of Euclid St. (between Colorado and Broadway), SM
FST PRES	2, 3M, 4, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
GOOSE EGG PARK	9	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
ITINERARY		Locations vary – instructor will inform class of the meeting places
KEN EDWA	1, 2, 3, Rapid 3, 4, 5, 7, Rapid 7, 8, 9, Rapid 10	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LINCOLN	2, Crosstown Ride 41	Lincoln Middle School, 1501 California Ave. (15th & California), SM
MALIBU	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
MALIBU BLUFFS	Metro 534	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu
MEMOR PK	5, 7, Crosstown Ride 41	Memorial Park, 1401 Olympic Blvd. (14th & Olympic), SM
PAC	1, Rapid 10	SMC Performing Arts Center, The Broad Stage & The Edye 1310 Santa Monica Blvd. (11th & Santa Monica), SM
REED PARK	2, 3M, 9	(Lincoln Park) 1150 Lincoln Blvd. (Lincoln & Wilshire), SM
SM LIB	1, 7, Rapid 7, 8, Rapid 10	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
1450 OCEAN	1, 7, Rapid 7, Rapid 10	1450 Ocean Ave. (Ocean & Broadway), SM
SMC	6, 7, Rapid 7, Crosstown Ride 41, Sunset Ride 44	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
SMC BUNDY CAMPUS	6, 14, Sunset Ride 44	3171 S. Bundy Drive, LA
SM SYNG	1, 5, Rapid 10	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE	1, 2, 3, Rapid 3, 4, 7, Rapid 7, 8, 9, Rapid 10	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM
VA PK, VP CTR, VP PATIO, VP TERRY	6, 7	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

## SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.00 for the next hour and then \$1.50 for each additional half hour. Call the City of SM Parking Operations office (310) 458-8295, if you have Downtown Santa Monica parking questions or problems. Santa Monica College maps, transportation, and campus parking information are at [www.smc.edu/transportation](http://www.smc.edu/transportation). For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address [www.bigbluebus.com](http://www.bigbluebus.com); Metro, (323) GO-METRO, (323) 466-3876, web address [www.metro.net](http://www.metro.net).



Mail To: Emeritus College, 1227 Second Street, Santa Monica, CA 90401

Full Legal Last Name: \_\_\_\_\_ Middle: \_\_\_\_\_  
 Full Legal First Name: \_\_\_\_\_  
 Legal Permanent Street Address: \_\_\_\_\_ Apt. No.: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Mailing Address (if different from above). Include P.O. Box, City and Zip Code. \_\_\_\_\_

Area Code: \_\_\_\_\_ Telephone Number: \_\_\_\_\_ Birth Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_  
 Check One:  Male  Female  Winter  Spring  
 Summer  Fall

**THIS APPLICATION IS FOR:**

SMC/Emeritus College Identification No. \_\_\_\_\_  
**YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME YOU REGISTER.**

Have you enrolled in SMC or Emeritus Classes before? YES  NO   
 Have you resided in California for at least two years? YES  NO  If NO, since \_\_\_\_\_  
 If NO, last legal resident address: \_\_\_\_\_  
 Have you been disqualified or dismissed from a college? YES  NO   
 If yes, enter college name: \_\_\_\_\_ and year \_\_\_\_\_

Section No.	Course Names	Time/Day	Section No.	Course Names	Time/Day

**WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)**

<b>Ethnic Background</b>	1. African American 2. American Indian/Alaskan Native 3. White 4. Mexican/Chicano 5. Central American	6. South American 7. Hispanic Other 8. Asian Indian 9. Cambodian 10. Chinese 11. Filipino	12. Japanese 13. Korean 14. Laotian 15. Vietnamese 16. Asian Other 17. Guamanian 18. Hawaiian 19. Samoan 20. Pacific Islander
<b>Citizenship</b>	1. United States 2. Permanent Resident 3. Temporary Resident 4. Refugee/Asylee	5. Student F1 or M1 Visa 6. Other (specify below): _____	7. Unknown 8. Foreign student taking online classes from home country.
<b>Enrollment Status</b>	If you selected No. 2,3,4,5, or 6, write in your Permanent Resident or Visa No.: _____ Issue Date: _____		
<b>Educational Level</b>	Year last attended school: _____ CERTIFICATE, DEGREE OR GRADUATED FROM: 0. Non-high school graduate 1. Advanced high school	2. Adult Diploma 3. High school graduate – No college degree 4. Passed GED test	5. Received High School Proficiency Certificate 6. Foreign Secondary School Diploma 7. Earned College Associate Degree 8. Earned College Bachelor Degree or higher

**YES!** Please include my name in the list of Friends of Emeritus College. I have enclosed my check for \$ \_\_\_\_\_ to help support the educational opportunities at Emeritus.  
 Check payable to: SMC FOUNDATION (write "Emeritus" in the memo line)  
 \$1,000 and above The Clock Tower Society  
 \$500 to \$999 Partner  
 \$250 to \$499 Colleague  
 \$100 to \$249 Sponsor

I am considering including Emeritus College in my will. Please contact me with information on The Heritage Club.  
 I am interested in learning about the tax benefits of estate planning and planned giving. Please contact me.

PLEASE PRINT:  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_

**MY DONATION OF \$ \_\_\_\_\_ TO SUPPORT THE EMERITUS COLLEGE IS ENCLOSED.**  
 Emergency Contact: \_\_\_\_\_  
 Emergency Telephone No.: \_\_\_\_\_

**REQUIRED**  
**\* WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM**  
 I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data or failure to report changes in residence may result in my dismissal.  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

Santa Monica College  
1900 Pico Boulevard  
Santa Monica, CA 90405-1628

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[www.smc.edu/emmeritus](http://www.smc.edu/emmeritus)



Photos from Emeritus College  
40th Anniversary Celebration



Cover Design: Charles Mark-Walker

#### EMERITUS COLLEGE STAFF

Gita Runkle, *Acting Associate Dean*  
Vivian Rankin-Scales, *Program Coordinator*  
Lauri Arneson, *Administrative Assistant*  
Jessica Riojas, *Student Services Clerk*

#### VOLUNTEERS

Danielle Avidan, Paula Van Berkom,  
Walter Coronel, Rita Devereaux, Homa Ghadimi,  
Pat Gorman, Fida Habib, Jeffrey Hogue, Estelle Hasson,  
Miriam Kafka, Suzie Kim, Brenda Koplin, Barbara  
Mersini, Werner Von Der Ohe, Frances Packer,  
Joseph "Wally" Pegram, Tahereh Sheikholislam,  
Joseph "Joe" Sipos, Alex Vital

#### EMERITUS COLLEGE EXECUTIVE COUNCIL

Marsha Franker & Charlotte Horstein – *Co-Chairs*,  
Al Barrett, Carole Bender, Walter Coronel,  
Beverly Fischer, Jeffrey Hogue, Natalie Newman,  
Lidia Rubinstein, Robert Stern, Harvey Stromberg,  
Helen Wachs

#### SMC BOARD OF TRUSTEES

Rob Rader, *Chair*; Dr. Louise Jaffe, *Vice Chair*; Dr. Susan Aminoff;  
Dr. Nancy Greenstein; Dr. Margaret Quiñones-Perez; Barry A. Snell; Dr. Andrew Walzer;  
Jonathan Eady, *Student Trustee*; Jeffery Shimizu, *Interim Superintendent/President*

#### WHAT IS EMERITUS COLLEGE ?

Emeritus College, started in 1975, is a college for older adults. A program of Santa Monica College, Emeritus serves over 3,000 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the Emeritus office at (310) 434-4306 or stop by our office at 1227 Second Street, Santa Monica.

#### ¿ QUÉ ES EMERITUS COLLEGE ?

Emeritus College, inaugurado en 1975, es un colegio para personas de edad avanzada. Este programa de Santa Monica College sirve a más de 3,000 estudiantes anualmente y ofrece más de 120 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el día en localidades distribuidas convenientemente a través de la comunidad o en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubiladas con honor." Todas las personas mayores son bienvenidos. Para más información, llame a la oficina de Emeritus al teléfono (310) 434-4306 o visítenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

**Emeritus College / Fall 2015 Schedule of Classes**