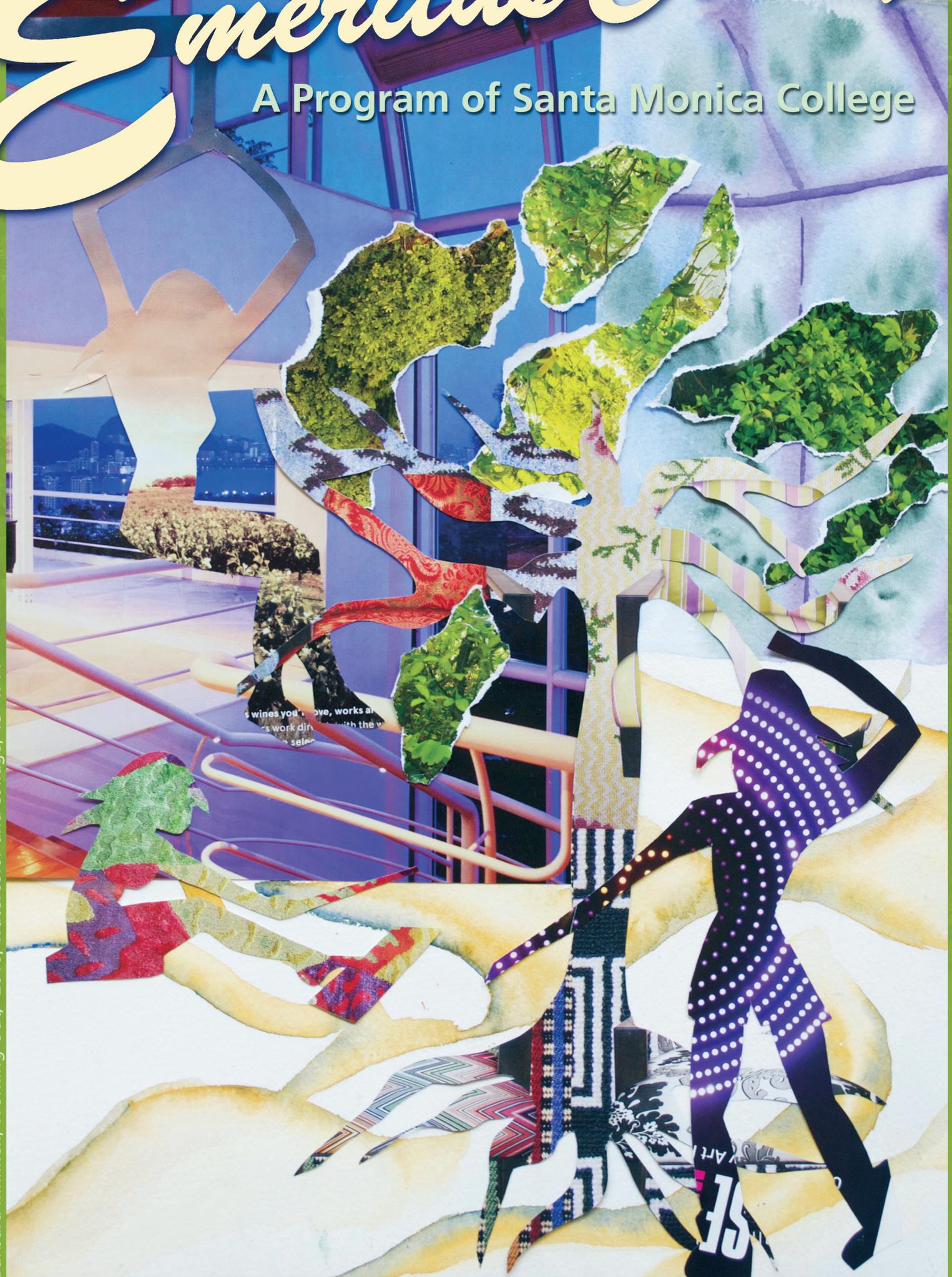


Emeritus College

A Program of Santa Monica College



Barbara Milliken, *Working Out*, 2016, watercolor and collage, 15" x 11"

Schedule of Classes / Spring 2017 / Feb. 13 – June 10

REGISTRATION

IMPORTANT SEMESTER DATES

Thursday, December 8, 2016. . . . **Schedule available online at www.smc.edu/emeritus**

Tuesday, January 3, 2017. **Schedule available at Emeritus and Santa Monica Libraries**

Monday, January 9, 2017. **First day of Registration/ Enrollment**

Monday, February 13, 2017. **SPRING SEMESTER BEGINS**

Monday, February 20, 2017. Presidents' Day
(no classes/campus closed)

Friday, March 3, 2017. . . . Departmental Flex Day (no classes)

Thursday, March 16, 2017. . Institutional Flex Day (no classes)

Monday-Saturday, April 10-15, 2017. Spring Break (no classes)

Monday, May 29, 2017. Memorial Day
(no classes/campus closed)

Saturday, June 10, 2017. **SPRING SEMESTER ENDS**

HOW TO REACH US SANTA MONICA COLLEGE



**MERITUS
COLLEGE**

1227 SECOND STREET
SANTA MONICA, CALIFORNIA 90401-1108

Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.
Telephone: (310) 434-4306
Email: emeritus@smc.edu

ENROLLMENT SERVICES OPTIONS

Listed above are the important semester dates. Students must enroll every semester. ***Students are allowed to enroll in a maximum of 4 classes for the Spring 2017 semester.***

NEW STUDENTS are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. The Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at www.smc.edu/emeritus.

RETURNING STUDENTS are those absent from classes for three semesters or more. They must use a large Application Form to enroll in classes. The large Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at www.smc.edu/emeritus.

CONTINUING STUDENTS are students actively enrolled in the present or either of the previous 2 semesters. Continuing students may enroll themselves online or use a paper form. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a computer generated online enrollment appointment date/time that will rotate to a previous day each term. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule). Continuing Students who received an online enrollment appointment are the only students who are eligible to use authorization codes given to them by faculty to self-enroll online in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll yourself in the class online to get yourself processed into the class faster than submitting a paper add card to the Enrollment Services office.

ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus occurs through SMC's Corsair Connect system. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at www.smc.edu/emeritus or in the Emeritus Enrollment Services Office. Emeritus mini computer lab volunteers can assist students with online enrollment when the mini lab is open. Go to room #209 during the first week of the enrollment period and use this great service! Mini lab hours are posted on the door and usually are from 9am – 4pm during the first week of enrollment. If a volunteer is unavailable, the mini lab will close that day. For helpful information online:

- Go to www.smc.edu/emeritus – click onto the links located at the left hand side. There you will find helpful links, such as: Instructions for Online Enrollment; Corsair Connect (Online Enrollment & SMC Email); Searchable Schedule (to search which classes are open); and other helpful links.
- To use “Corsair Connect” to enroll online, make sure you have your SMC/Emeritus Student ID number, password and class section numbers available. If this is the first time you are using Corsair Connect, then your initial password will be your 6-digit date of birth (MMDDYY) and you will then be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password and for printing your online enrollment transaction receipt. If you have forgotten your ID number or password, click on “I cannot access my



account” on the Corsair Connect login screen and follow the next directions to retrieve your login information.

- To use “Searchable Schedule” to look for open classes, go to www.smc.edu/emeritus; on the left side menu, under the “Schedule of Classes” sub-menu, click onto “Searchable Schedule.” Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (e.g. open). Scroll down & click the “Search” button. A listing of classes appears below the “Search” button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.

PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.
- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your 2nd choice for a better chance of receiving a course of your choice.

NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus office for information. If you are unable to enroll due to a closed class, please see section below on closed classes. If you are unable to enroll online due to technical challenges, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus. You must print your transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed, then that indicates: the class was filled, there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. **BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.**

CLOSED CLASSES

Class sections reopen automatically when students drop. Check for openings periodically by using the online Searchable Schedule. For closed classes, approach the instructor at the first meeting to ask if there is space in the class and, if so, to receive an AUTHORIZATION CODE to enroll yourself in the class online or to have the instructor sign an add card/continuing student form. The AUTHORIZATION CODE is a one-time code to add via the Corsair Connect web enrollment system. Please note the expiration date of authorization codes.

GENERAL INFORMATION AND ENROLLMENT TIPS:

- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped.
- Regular attendance is expected. Low attendance & low enrollment may cause class cancellations.
- Only enrolled students may attend and participate in class after one observational visit.

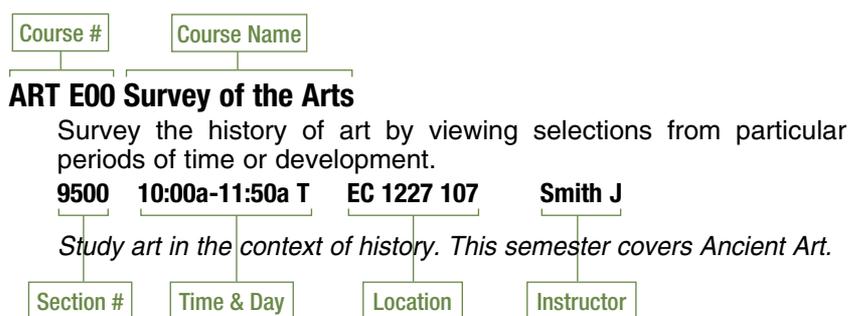
ADDRESS CHANGES

Use an address card for changes or make changes online at www.smc.edu/emeritus. Click on “Corsair Connect (Online Enrollment & SMC Email)” from the menu on the left side and login. Then, click the “Enrollment” blue tab/link in the middle of the page. From the left side menu, click “Profile / Preferences” and update your address, then press “Submit Changes” at the bottom of the page to save the new information.

EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at the Emeritus Enrollment Services Office or fill in the info on your enrollment form.

A sample of a course from the schedule:



The 9000 level section number of the course must be placed in the “section” field on the application form or add card for correct enrollment.

Abbreviation of Days

- | | |
|---------------|--------------------------|
| M = Monday | S = Saturday |
| T = Tuesday | MW = Monday & Wednesday |
| W = Wednesday | MF = Monday & Friday |
| Th = Thursday | TTh = Tuesday & Thursday |
| F = Friday | WF = Wednesday & Friday |



News from the SMC Associate Dean of Emeritus

December 2016

Dear Emeritus Community,

I hope that you have been enjoying the holidays and winter season. As we prepare for the Spring term and new year, I wanted to update and remind you about a couple of items.

On November 9, 2016, Emeritus held another Open Forum and about 30 people attended the event. Lizzy Moore, Interim President of the Santa Monica College (SMC) Foundation, kicked off the presentations by describing the collaborative relationship between the SMC Foundation and Emeritus. Carl Sheaffer, Assistant Director of SMC Facilities Management, followed with a brief presentation updating the crowd on the cleaning schedules of the bathrooms and facilities, as well as the pending repair of room 304's leak, which is estimated to be completed by April 2017. I then presented on the status of the Emeritus art chairs – some new art chairs with lockable wheels, backs and arms were ordered, but since the majority of students preferred the existing high stools with backs, those stools will remain in the art rooms. Similarly, we received feedback about some art easels needing repair – those that could be fixed were returned to the classroom and those that are inoperable were disposed of and will be replaced. Rose Dosti, an Emeritus faculty member, closed the Forum's presentations with a brief talk highlighting her humanitarian work with the Albanian Human Rights Project, a non-profit organization that she founded.

We are thankful for the great student community that we have at Emeritus and want to remind you of the importance of attending all of your classes on a weekly basis. SMC gets funded by the State of California based on each day of every Emeritus class that you attend. For example, if students only attend 65% of their classes then we only can collect 65% of our state funding, which further contributes to our department's operational deficit. As a reminder, low class attendance may also result in class cancellations. If you cannot attend class anymore, please withdraw yourself online or fill out a withdrawal form at the Emeritus Enrollment Services Office. By withdrawing from the class, you will allow space for another student who is willing and able to attend classes regularly. Please note, students who do not attend class may also be dropped from the class by the instructor.

We thank you for being part of the Emeritus community and hope that you have a wonderful new year.

All the best,

Gita Runkle
Associate Dean, Emeritus

COURSES FOR OLDER ADULTS

NEW

Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

IMPORTANT NOTES TO STUDENTS:

- See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator at 310.434.3851.

ARTS AND CRAFTS

ART E00 Survey of Art

Survey of art: View selections from a variety of time periods and artists. Classes with "ITINERARY" listed as a location have field trips to galleries, museums, studios and site-specific works of art. For "ITINERARY" location classes, first meeting only at 1227 2nd St. to receive the ITINERARY – ask front desk for location of first meeting. Gallery tour schedules may change due to venue schedules.

9701	9:00a-10:50a F	EC 1227 409	Mihaylovich K W
9702	11:00a-12:50p T	ITINERARY	Walker C L
9703	1:00p-2:50p F	ITINERARY	Hero C J
9704	1:30p-3:20p W	ITINERARY	Hero C J
9705	1:30p-3:20p Th	ITINERARY	Hero C J

ART E06 Artistic Expression through Gardening

Meet first at the SE corner of 24th & Marguerita, north of Montana, to receive the itineraries.

9706	10:00a-11:50a M	ITINERARY	Jaeger J E
9707	10:00a-11:50a T	ITINERARY	Jaeger J E

ART E15 Drawing

9708	9:00a-11:15a M	LEVIN CT	Donon S G
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Learn the basics of drawing. Good for the beginner and students who would like to improve their drawing skills. The above section is offered at the Jewish Family Services, Israel Levin Center in Venice. It is open to all students.

9709	9:15a-11:30a F	EC 1227 204	Hero C J
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Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.

9711	12:30p-2:45p F	EC 1227 204	Tirr C A
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Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.



ART E16 Life Drawing Studio

9712 9:00a-11:50a T EC 1227 205 James N M
Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.

9713 9:00a-11:50a Th EC 1227 204 Goodin M L
For beginners and others wanting to increase their skills. Includes lessons in anatomy, proportion, structure and expression. Short, medium and long poses.

9714 12:00p-2:50p T EC 1227 205 James N M
Painting the human form – long pose for painting.

ART E19 Painting

9715 9:00a-11:50a W EC 1227 204 Reynolds T
Assignments are designed for the progressing student. A basic grasp of the fundamentals of painting is highly recommended.

ART E20 Drawing and Painting

Multimedia drawing and painting for persons at all levels of skill. Learn about space, line, value and color in a workshop atmosphere.

9716 9:00a-11:15a M EC 1227 204 Benson J K
Drawing and painting with emphasis on the portrait. Studio time split between working with live models and other in-class exercises.

9822 12:30p-2:45p T MALIBU BLUFFS Trentham B M
Drawing and painting, from pencil to pastel. Work in any dry medium. Develop your sense of composition, value, color and technique. Draw and paint still-lives, landscapes and possible “plein air” sessions in a workshop atmosphere. Friendly critiques.

ART E21 Painting/Drawing, Oil and Acrylic

9717 9:00a-11:15a M EC 1227 205 Adams L K
Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.

9718 9:00a-11:15a Th EC 1227 205 Brutsche J
Learn to paint with traditional oil paint without using solvents. Paint still life setups or work from your own photos. Individual instruction and class demonstrations along with learning the technique of this method of painting in oil will enable you to paint in a healthier way.

9719 9:00a-11:15a F EC 1227 205 Harrison A B
Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.

9720 11:30a-1:45p M EC 1227 204 Benson J K
*Interdisciplinary studio. For persons at all levels of skill. Learn about concept, composition, value and color in a workshop atmosphere. **This section is endowed in the memory of Francis J. Abrahams.***

ART E22 Watercolor

9721 9:00a-11:15a T EC 1227 204 Manseau F J
Designed for beginning watercolorists. A techniques and methods class concentrating on the “how” of the medium: washes, brush strokes, color, value and composition.

9722 11:30a-1:45p T EC 1227 204 Manseau F J
Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.

YOU'VE GOT SMC EMAIL!

Every student at Emeritus has been assigned a Santa Monica College email address. Check it regularly to get information from college faculty and staff.

How do you get to your email?

- Go to the Santa Monica College website at www.smc.edu
- Click on the **Corsair Connect** tab at the top of the screen
- Type in your **Student ID Number** and **Password**
- Click **Login**
- Your email may open automatically as a new window
- If you don't see your email, click on the **Home** tab in the upper right hand corner

ART E24 Calligraphy II

9723 9:30a-11:20a F 1450 OCEAN Martorello J M
Learn a variety of Calligraphic Hands, traditional to modern variations. Expand your knowledge and skills ranging from Graphic to Fine Art applications. Enhance your personal projects with design, style and grace. Styles and projects vary each term.

ART E30 Watercolor Studio

9724 9:00a-11:50a Th ITINERARY Walker C L
All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park to get the ITINERARY.

9725 9:00a-11:50a F ITINERARY Tirr C A
An outdoor, “plein air” class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: Tongva Park on Main St., between Colorado Ave. & Olympic Dr., across the street from Santa Monica City Hall.

9726 12:00p-2:50p W EC 1227 204 Tirr C A
Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.

9727 1:00p-3:50p Th EC 1227 204 Goodin M L
Watercolor, drawing, and design inspired by the beauty of nature and still life. Express yourself in watercolor. All levels are welcome.



ART E55 Sculpture

9728 12:00p-2:15p Th EC 1227 205 Benson J K

Become inspired creatively in three dimensions. Material options to be discussed on first day of class. Students will be introduced to sculpture processes involving clay, paper, wire, balsa wood, found objects, plaster of Paris, mold-making rubber and casting resin.

ART E80 Jewelry Making

9729 11:30a-1:45p Th 1450 OCEAN Ryza S V

Advanced jewelry techniques. New projects weekly - wirework, bead weaving, chain maille, advanced stringing projects, and more. Use a wide assortment of tools and materials. Students purchase materials per guidelines. Projects for this section are more complex. Students should master basic jewelry skills prior to enrolling.

9730 2:00p-4:15p Th 1450 OCEAN Ryza S V

Beginning: New projects weekly - knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.

BUSINESS, ESTATE PLANNING AND FINANCE

BUS E00 Planning for Retirement, Healthcare and Estate Planning

For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills, trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long term care issues by Virginia Hart.

9733 11:30a-1:20p Th EC 1227 408 McIlrath P K

EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

OCC E00 Basic Computer Training (formerly: Introduction to Computers)

This course is designed to assist students in accessing the world of computers and technology. Students acquire introductory computer skills, enabling them to interact with colleagues, family and friends and promote self-expression. Students learn about personal computers, improve technical vocabulary, review typing and mouse skills, conduct basic computer maintenance, and learn how to use computer special function keys.

9803 1:30p-3:20p F EC 1227 208 Espinosa-Frech H A

OCC E01 Word Processing

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

9804 9:00a-10:50a M EC 1227 208 Rodriguez J E

Beginner course.

9805 11:00a-12:50p M EC 1227 208 Rodriguez J E

Intermediate course.

9806 11:00a-12:50p F EC 1227 208 Espinosa-Frech H A

Beginner course.

OCC E10 Using Data Files

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9807 11:00a-12:50p T EC 1227 208 Simmonds A R

OCC E20 Using the Internet Safely for Older Adults

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

9808 11:00a-12:50p Th EC 1227 208 Simmonds A R

PHOTO E00 Digital Photography I

9809 9:00a-10:50a T EC 1227 107 Schneir G

Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.

PHOTO E10 Digital Photography II

9810 9:00a-10:50a W EC 1227 208 Rodriguez J E

Beginner course. Designed for the digital photographer novice, taking pictures, transferring them to your computer, beginning cropping, editing and color corrections using Photoshop Elements.

9811 9:00a-10:50a F EC 1227 208 Espinosa-Frech H A

Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.

9812 1:00p-2:50p M EC 1227 208 Buckner K D

Intermediate level. Take your Photoshop skills to the next level. Students are encouraged to bring a few personal pictures on flash drives to edit during class. Should have some experience with Photoshop Elements prior to enrolling.



HEALTH AND CONDITIONING

HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Through the practice of yoga you will learn how to develop your strength, flexibility, balance, and focus. You will also learn how to increase circulation, improve your breathing and your ability to relax and regain overall health and well-being. Please bring your own yoga mat (unless section is chair-based), a notebook and pencil.

9750	8:30a-10:20a WF	EC 1227 308	Dee D
9751	10:00a-11:50a TTh	EC 1227 308	Cooper M
9752	10:30a-12:20p TTh	1450 OCEAN	Cass K

Above section is chair based - no mat required.

9753	11:00a-12:50p MW	EC 1227 308	Lieb J B
9754	2:00p-3:50p TTh	EC 1227 308	Dee D

HEALTH E22 Chi Gong Principles & Practices for Older Adults

Learn traditional Chinese exercise for health and well being. Emphasis on developing strength, flexibility and balance. Practice limbering movement with mindful breathing to increase and maintain your range of motion.

9755	8:30a-9:45a TTh	EC 1227 308	Holtzermann C
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HEALTH E23 T'ai Chi Principles & Practices for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement of the long, Yang style form. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9756	9:00a-10:15a MF	VP CTR	Akers P A
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Beginner and intermediate course.

9757	12:00p-1:15p WF	EC 1227 304	Nardini A S
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Intermediate and Advanced. Prerequisite: must be able to perform first and second sections of the Yang style.

9758	12:30p-1:45p TTh	EC 1227 304	Terry Jr P W
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Intermediate course.

9759	2:00p-3:15p MF	EC 1227 304	Akers P A
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Intermediate and advanced course.

HEALTH E24 Physical Fitness Principles & Practices for Older Adults

Learn how to safely build your aerobic capacity. Low-impact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility.

9760	8:30a-9:45a TTh	VA PK	Moy D N
9761	9:00a-10:15a MW	EC 1227 304	Wapner-Baart L J
9762	9:00a-10:15a TTh	1450 OCEAN	Wapner-Baart L J
9763	9:30a-10:45a TTh	EC 1227 304	Yewell R E

Intermediate and advanced course.

9764	11:00a-12:15p TTh	EC 1227 304	Yewell R E
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Beginner course.

Volunteer Los Angeles

Check out your volunteer options at a local nonprofit organization. Work with the best.

www.volunteerlosangeles.com

Check Out the EMERITUS WEBSITE

www.smc.edu/emeritus

YOU'LL FIND

- Enrollment information and instructions
- Schedules of classes
- How to support Emeritus
- Emeritus news and information
- Bulletin Board of community events
- The Emeritus Voice newsletter
- Advisory Council pictures and bios
- Contact information for Emeritus
- And more....

HEALTH E25 Strength & Stamina Training Principles & Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and/or other fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and/or stress management are included. Students may create a personal fitness and strength training plan based on their individual needs and physical challenges.



9765	8:00a-9:15a TTh	EC 1227 304	Yewell R E
9766	10:00a-11:15a TTh	VP PATIO	Regalado O
9767	10:30a-11:45a MW	1450 OCEAN	Vaillancourt A

Above section focuses on the techniques of Aerobic exercise as you develop stamina. Each student should be able to learn exercises that require standing for a minimum of thirty minutes. Twenty minutes weight training in seated position.

9769	12:00p-1:15p TTh	CLOVER	Wapner-Baart L J
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Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details: wapner-baart_linda@smc.edu

HEALTH E30 Personal Safety – Fall Prevention

Falls are the most frequent cause of serious injury to older adults. Learn how, why, where and when falls occur and how to avoid falling at home, around town or on your travels. Improve your balance. Exercises are followed by a short lecture.

9770	12:00p-1:50p M	EC 1227 304	Weinstein J M
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HEALTH E34 Stress Reduction through Yoga

Learn how to practice asanas: standing, seated, supine (lying down), and/or inverted poses together with focus and conscious breathing to improve your overall health and well-being. Induce relaxation and support your energetic and emotional balance. Please bring your own yoga mat, a notebook and pencil.

9771	8:00a-9:50a S	VA PK	Holtzermann C
9772	9:00a-10:50a M	EC 1227 308	Cooper M
9773	11:00a-12:50p F	EC 1227 308	Lieb J B

HEALTH E38 Joint Health & Mobility for Older Adults

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

9774	9:00a-10:15a MW	1450 OCEAN	Vaillancourt A
<i>You will learn to strengthen your lower body with exercises performed on mats and use free weights for upper body strength. Personal programs will be designed.</i>			
9775	10:30a-11:45a TTh	VP CTR	Wapner-Baart L J
9776	10:30a-11:45a TTh	WISE	Moy D N
<i>This class is targeted towards participants of the WISE Adult Day Program.</i>			
9777	2:00p-3:15p TTh	EC 1227 304	Regalado O

HEALTH E63 Body Conditioning After a Stroke

Learn to cope with the effects of a stroke. Promote health and wellness through physical fitness. Help develop a personal plan to restore energy, flexibility, stability and balance, strength and motor coordination through specifically designed exercises in sitting, standing and while lying on a mat. Limited class size and enrollment, maximum of two sessions per week. Registration is completed through the SMC Disabled Students Programs and Services (DSPS), 310-434-4442.

9778	10:30a-11:45a T	EC 1227 307	Nakasuji B J
	12:00p-1:15p T	EC 1227 307	Phillips B S
	1:30p-2:45p T	EC 1227 307	Phillips B S
	11:00a-12:15p Th	EC 1227 307	Nakasuji B J
	12:30p-1:45p Th	EC 1227 307	Nakasuji B J
	2:00p-3:15p Th	EC 1227 307	Nakasuji B J
	12:30p-1:45p F	EC 1227 307	Staff
	2:00p-3:15p F	EC 1227 307	Staff

HOME ARTS AND MAINTENANCE

CT E00 The Fix-It Class – Repair Almost Anything

Basic home maintenance and repairs are addressed in this lecture/demonstration class. Beginner or experienced, you will learn how to do minor repairs and supervise others to: fix leaky faucets, repair a lamp, patch a wall, hang items, etc. Also, learn about important but easy ways to protect your assets and financial identity from thieves. Crooks target seniors, learn how to stop them.

9734	1:00p-3:15p Th	EC 1227 407	Ross M A
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HME EC E01 Sewing Lab

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This class is for beginners and more advanced sewers.

9779	12:00p-2:50p M	EC 1227 205	Lewis K
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HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

Dine at selected local restaurants, meet the chefs and discuss the food with an eye on healthy eating, good taste and aesthetic appeal. Learn what food critics look for when evaluating restaurants and write or give your own review.

9780	11:30a-1:20p T	EC 1227 409	Dosti R
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HME EC E71 Needlecrafts II

Learn to knit, crochet or weave in this friendly, relaxed fiber class. Bring your own tools and materials. Teacher works individually with each student on student's chosen project(s), at all levels from complete beginner to advanced.

9781	1:30p-4:20p W	1450 OCEAN	Ryza S V
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HUMAN DEVELOPMENT AND RELATIONS

HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy life. Lecture-based class. Learn how you can improve your brain and enjoy your life more fully. Techniques such as meditation, mindfulness, positive thinking, breathing, humor, diet, stress management, and light physical movement will be used.

9782	12:15p-1:30p MW	LEVIN CT	Albert G S
9783	1:30p-2:45p TTh	EC 1227 408	Albert G S

HUMDEV E15 Senior Studies – Theater – History of Comedy

History of comedy: A look at comedy in theater, literature, film and music.

9784	9:00a-10:50a W	EC 1227 409	Achorn J C
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HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. ***This course is offered in memory of Luisa R. G. Kot.***

9785	3:00p-5:00p Th	EC 1227 107	Peterson J D
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HUMDEV E22 , Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment

Learn about Jewish art, culture and entertainment in the 20th Century.

9786	11:00a-12:50p W	EC 1227 409	Abatemarco A M
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HUMDEV E24 Bereavement Support

Encouragement and support offered in a small group setting guided by a trained and experienced counselor. ***This course is offered in memory of Zelda Herman.***

9787	1:30p-3:20p M	EC 1227 407	Press P L
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HUMDEV E25 Dealing with Hearing Impairment

This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.

9788	12:30p-2:20p T	EC 1227 407	Frاند L
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TRIBUTE

TRIBUTE



HUMDEV E27 Enhancing Memory Skills

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Learn activities that keep the brain alive and active through mental exercises, including right- and left-brain tasks.

9789 10:00a-11:50a T EC 1227 407 Frand L
9790 12:30p-2:20p W EC 1227 407 Frand L

HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Disabled Students Programs and Services (DSPS) office for approval to register, (310) 434-4442.

9791 1:30p-3:20p W EC 1227 208 Feinberg L H

HUMDEV E50 Communication After a Stroke

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Center for Students with Disabilities (DSPS) for approval to register, (310) 434-4442.

9792 10:30a-11:45a W EC 1227 408 Feinberg L H
11:45a-1:00p W EC 1227 408 Feinberg L H

PSYCH E33 Living as a Single Person

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

9816 11:00a-12:50p M EC 1227 408 Press P L

LITERATURE AND WRITING

BILING E01 Literature in Spanish

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others.

9731 9:00a-10:50a F VP TERRY Quinones H C

BILING E02 French Literature

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

9732 2:00p-3:50p T EC 1227 409 Isner-Ball D R

ENGL E20 Literature: The Novel

9735 2:00p-3:50p M EC 1227 409 Dwyer F

We will read and discuss *The Masterpiece*, by Emile Zola, based on Zola's long friendship with the painter Paul Cezanne and "the turbulent Bohemian world in which the Impressionists came to prominence." We will use the translation by Thomas Walton, revised and edited by Richard Pearson (ISBN 0-19-283963-2). We will close the semester with *Dear Life*, a collection of stories by Nobel Prize winner Alice Munro (ISBN-13: 978-0307743725).

ENGL E22 Short Story

Read and engage in lively discussions about short stories, both American and International, as well as contemporary and classic.

9736 10:00a-11:50a T EC 1227 408 Wali M

ENGL E23 Shakespeare

There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. Selected plays by William Shakespeare will be studied and discussed. A good time is guaranteed.

9737 9:00a-10:50a M EC 1227 107 Achorn J C
9738 11:00a-12:50p M EC 1227 107 Achorn J C

ENGL E24 Bible as Literature

"Double Cross: A Look at the Synoptic Gospels." Study biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx.

9739 2:00p-3:50p Th SM SYNG Marx J A

Note: This is a 15 week class that starts in week 3 (March 2, 2017).

ENGL E25 Literature: The American Novel

9740 9:00a-10:50a T EC 1227 409 Achorn J C

Explore the development of the American novel, the writers and their lives and times.

ENGL E27 Poetry and Fiction

9741 10:00a-11:50a W MALIBU SR CTR Davis C V

Contemporary American Literature: Cross Genre.

ENGL E29 Greek Literature

9742 11:30a-1:20p M EC 1227 409 Dwyer F

Our survey of Euripides continues, beginning with *Hippolytus in the Bagg translation* (ISBN-13: 978-0195072907), followed by *Andromache*, translated by Stewart and Smith (ISBN-13: 978-01951256100), and *Hekabe*, translated by Carson in *Grief Lessons: Four Plays by Euripides* (ISBN-13: 978-1590172537). We will continue reading from Roberto Calasso's *The Marriage of Cadmus and Harmony*, a lyrical, mysterious, and often thrilling exploration of the world and Greek myths (ISBN-13: 978-0679733485).

ENGL E30 Creative Writing

9743 9:00a-11:15a M EC 1227 409 Kronsberg G J

Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.

9744 9:30a-11:45a T MALIBU SR CTR Reich E S

Come learn the art of skillful writing. All levels are welcome.

ENGL E33 Autobiography

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9745 9:00a-11:15a Th EC 1227 408 Wali M

9746 9:30a-11:45a S PAC 116 Fox Jr R W

Above 9746 section meets at the Performing Arts Center, 1310 11th Street.

9747 12:00p-2:15p S PAC 116 Wali M

Above 9747 section meets at the Performing Arts Center, 1310 11th Street.

9748 12:30p-2:45p F MALIBU SR CTR Reich E S

IN SPANISH

IN FRENCH



ENGL E37 Writing Seminar

Develop and refine your writing skills in an informal round table atmosphere. Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.

9749 9:00a-11:50a Th EC 1227 409 Kronsberg G J

MUSIC PERFORMANCE AND APPRECIATION

MUSIC E00 Concert Band

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. Players of brass, woodwind, or percussion instruments may enroll with the consent of the instructor.

9793 6:30p-9:20p T LINCOLN Miyoshi Y

MUSIC E03 "The Merits" – Vocal Ensemble

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9794 10:00a-12:50p T FST PRES Bryant W

MUSIC E04 Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9795 1:00p-2:50p Th EC 1227 107 Elliott W H

MUSIC E06 Gospel Community Chorus

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced.

9796 12:00p-1:50p W CAL BAPT Bryant W

MUSIC E10 Spanish Folk Singing

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options.

9797 12:00p-1:50p T VP TERRY Perez J Z

MUSIC E30 Opera Appreciation

Experience opera behind the scenes and as an audience member from the beginning to the descending curtain.

9798 2:00p-3:50p T EC 1227 107 Jackson L R

MUSIC E32 Music Appreciation

Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.

9799 12:00p-1:50p F EC 1227 107 Peterson J D

9800 1:00p-2:50p M EC 1227 107 Hetz M L

Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.

MUSIC E34 Lyric Chorus

A chorus of voices singing three-part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful.

9801 9:00a-11:50a Th EC 1227 107 Elliott W H

MUSIC E51 Piano and Theory

Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful.

9802 12:15p-2:05p S PAC 200 Hetz M L

Above 9802 section meets at the Performing Arts Center, 1310 11th Street.

POLITICAL SCIENCE

POL SC E00 Current Events

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the U.S. and around the world.

9813 9:30a-11:20a W EC 1227 107 Stromberg H L

9814 10:00a-11:50a M SM LIB Reiner M

9815 2:00p-3:50p F EC 1227 107 Trives N
2:00p-3:50p F EC 1227 107 Johnson J P

THEATER ARTS

TH ART E01 Principles of Acting

Dust off your thespian robes and explore your creative side in this acting workshop. Scenes are rehearsed, polished, and performed at a Showcase at The Edge Theater.

9817 11:00a-1:50p T EC 1227 107 Gannen B

9818 2:30p-5:20p T EC 1227 407 Gannen B

TH ART E02 Theater Arts Appreciation

Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. **This class is offered in memory of Dorothy Tunis.**

9819 9:00a-10:50a F EC 1227 107 Abatemarco A M

TH ART E05 Reader's Theater

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting.

9820 11:00a-12:50p F EC 1227 409 Abatemarco A M

TH ART E30 Dramatic Interpretation Through Movies

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

9821 1:30p-3:45p W EC 1227 107 Laffey S A

BI-LINGUAL

TRIBUTE



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Support programmatic and personal excellence by joining a community of big-hearted supporters who have provided for Emeritus in their wills or estate plans.

For more information, contact:

Lizzy Moore
Santa Monica College Foundation
1900 Pico Boulevard, Santa Monica, CA 90405
310.434.4215 • santamoniacollegefoundation.org

SANTA MONICA COLLEGE



Help Support Educational Opportunities at Emeritus



CLASSES BY THE DAY SPRING 2017

MONDAY

9:00a–11:15a	9708	ART E15 Drawing	LEVIN CT
9:00a–11:15a	9716	ART E20 Drawing and Painting	EC 1227 204
9:00a–11:15a	9717	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a–10:50a	9737	ENGL E23 Shakespeare	EC 1227 107
9:00a–11:15a	9743	ENGL E30 Creative Writing	EC 1227 409
9:00a–10:50a	9772	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a–10:50a	9804	OCC E01 Word Processing	EC 1227 208
10:00a–11:50a	9706	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a–11:50a	9814	POL SC E00 Current Events	SM LIB
11:00a–12:50p	9738	ENGL E23 Shakespeare	EC 1227 107
11:00a–12:50p	9805	OCC E01 Word Processing	EC 1227 208
11:00a–12:50p	9816	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a–1:45p	9720	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a–1:20p	9742	ENGL E29 Greek Literature	EC 1227 409
12:00p–1:50p	9770	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
12:00p–2:50p	9779	HME EC E01 Sewing Lab	EC 1227 205
1:00p–2:50p	9800	MUSIC E32 Music Appreciation	EC 1227 107
1:00p–2:50p	9812	PHOTO E10 Digital Photography II	EC 1227 208
1:30p–3:20p	9787	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p–3:50p	9735	ENGL E20 Literature: The Novel	EC 1227 409

MONDAY AND WEDNESDAY

9:00a–10:15a	9761	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
9:00a–10:15a	9774	HEALTH E38 Joint Health & Mobility	1450 OCEAN
10:30a–11:45a	9767	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
11:00a–12:50p	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:15p–1:30p	9782	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain	LEVIN CT

MONDAY AND FRIDAY

9:00a–10:15a	9756	HEALTH E23 T'ai Chi Principles & Practices	VP CTR
2:00p–3:15p	9759	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

TUESDAY

9:00a–11:50a	9712	ART E16 Life Drawing Studio	EC 1227 205
9:00a–11:15a	9721	ART E22 Watercolor	EC 1227 204
9:00a–10:50a	9740	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a–10:50a	9809	PHOTO E00 Digital Photography I	EC 1227 107
9:30a–11:45a	9744	ENGL E30 Creative Writing	MALIBU SR CTR
10:00a–11:50a	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a–11:50a	9736	ENGL E22 Short Story	EC 1227 408
10:00a–11:50a	9789	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
10:00a–12:50p	9794	MUSIC E03 "The Merits" – Vocal Ensemble	FST PRES
10:30a–11:45a	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a–12:50p	9702	ART E00 Survey of Art	ITINERARY

11:00a–12:50p	9807	OCC E10 Using Data Files	EC 1227 208
11:00a–1:50p	9817	TH ART E01 Principles of Acting	EC 1227 107
11:30a–1:45p	9722	ART E22 Watercolor	EC 1227 204
11:30a–1:20p	9780	HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices	EC 1227 409
12:00p–2:50p	9714	ART E16 Life Drawing Studio	EC 1227 205
12:00p–1:15p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
12:00p–1:50p	9797	MUSIC E10 Spanish Folk Singing	VP TERRY
12:30p–2:20p	9788	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
12:30p–2:45p	9822	ART E20 Drawing and Painting	MALIBU BLUFFS
1:30p–2:45p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p–3:50p	9732	BILING E02 French Literature	EC 1227 409
2:00p–3:50p	9798	MUSIC E30 Opera Appreciation	EC 1227 107
2:30p–5:20p	9818	TH ART E01 Principles of Acting	EC 1227 407
6:30p–9:20p	9793	MUSIC E00 Concert Band	LINCOLN

TUESDAY AND THURSDAY

8:00a–9:15a	9765	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
8:30a–9:45a	9755	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a–9:45a	9760	HEALTH E24 Physical Fitness Principles & Practices	VA PK
9:00a–10:15a	9762	HEALTH E24 Physical Fitness Principles & Practices	1450 OCEAN
9:30a–10:45a	9763	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a–11:50a	9751	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
10:00a–11:15a	9766	HEALTH E25 Strength & Stamina Training Principles & Practices	VP PATIO
10:30a–12:20p	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a–11:45a	9775	HEALTH E38 Joint Health & Mobility	VP CTR
10:30a–11:45a	9776	HEALTH E38 Joint Health & Mobility	WISE
11:00a–12:15p	9764	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p–1:15p	9769	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p–1:45p	9758	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p–2:45p	9783	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain	EC 1227 408
2:00p–3:50p	9754	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p–3:15p	9777	HEALTH E38 Joint Health & Mobility	EC 1227 304

WEDNESDAY

9:00a–11:50a	9715	ART E19 Painting	EC 1227 204
9:00a–10:50a	9784	HUMDEV E15 Senior Studies – Theater – History of Comedy	EC 1227 409
9:00a–10:50a	9810	PHOTO E10 Digital Photography II	EC 1227 208
9:30a–11:20a	9813	POL SC E00 Current Events	EC 1227 107
10:00a–11:50a	9741	ENGL E27 Poetry and Fiction	MALIBU SR CTR
10:30a–11:45a	9792	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:00a–12:50p	9786	HUMDEV E22 , Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment	EC 1227 409
11:45a–1:00p	9792	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p–2:50p	9726	ART E30 Watercolor Studio	EC 1227 204
12:00p–1:50p	9796	MUSIC E06 Gospel Community Chorus	CAL BAPT
12:30p–2:20p	9790	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
1:30p–3:20p	9704	ART E00 Survey of Art	ITINERARY
1:30p–4:20p	9781	HME EC E71 Needlecrafts II	1450 OCEAN
1:30p–3:20p	9791	HUMDEV E28 Communication After a Stroke (Computer Based)	EC 1227 208
1:30p–3:45p	9821	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107

WEDNESDAY AND FRIDAY

8:30a–10:20a	9750	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:00p–1:15p	9757	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

DONATIONS

Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.



THURSDAY

9:00a-11:50a	9713	ART E16 Life Drawing Studio	EC 1227 204
9:00a-11:15a	9718	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9724	ART E30 Watercolor Studio	ITINERARY
9:00a-11:15a	9745	ENGL E33 Autobiography	EC 1227 408
9:00a-11:50a	9749	ENGL E37 Writing Seminar	EC 1227 409
9:00a-11:50a	9801	MUSIC E34 Lyric Chorus	EC 1227 107
11:00a-12:15p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a-12:50p	9808	OCC E20 Using the Internet Safely for Older Adults	EC 1227 208
11:30a-1:45p	9729	ART E80 Jewelry Making	1450 OCEAN
11:30a-1:20p	9733	BUS E00 Planning for Retirement, Healthcare and Estate Planning	EC 1227 408
12:00p-2:15p	9728	ART E55 Sculpture	EC 1227 205
12:30p-1:45p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
1:00p-3:50p	9727	ART E30 Watercolor Studio	EC 1227 204
1:00p-3:15p	9734	CT E00 The Fix-It Class – Repair Almost Anything	EC 1227 407
1:00p-2:50p	9795	MUSIC E04 Voice Training	EC 1227 107
1:30p-3:20p	9705	ART E00 Survey of Art	ITINERARY
2:00p-4:15p	9730	ART E80 Jewelry Making	1450 OCEAN
2:00p-3:50p	9739	ENGL E24 Bible as Literature	SM SYNG
2:00p-3:15p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
3:00p-5:00p	9785	HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series	EC 1227 107

FRIDAY

9:00a-10:50a	9701	ART E00 Survey of Art	EC 1227 409
9:00a-11:15a	9719	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9725	ART E30 Watercolor Studio	ITINERARY
9:00a-10:50a	9731	BILING E01 Literature in Spanish	VP TERRY
9:00a-10:50a	9811	PHOTO E10 Digital Photography II	EC 1227 208
9:00a-10:50a	9819	TH ART E02 Theater Arts Appreciation	EC 1227 107
9:15a-11:30a	9709	ART E15 Drawing	EC 1227 204
9:30a-11:20a	9723	ART E24 Calligraphy II	1450 OCEAN
11:00a-12:50p	9773	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
11:00a-12:50p	9806	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p	9820	TH ART E05 Reader's Theater	EC 1227 409
12:00p-1:50p	9799	MUSIC E32 Music Appreciation	EC 1227 107
12:30p-2:45p	9711	ART E15 Drawing	EC 1227 204
12:30p-2:45p	9748	ENGL E33 Autobiography	MALIBU SR CTR
12:30p-1:45p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
1:00p-2:50p	9703	ART E00 Survey of Art	ITINERARY
1:30p-3:20p	9803	OCC E00 Basic Computer Training (formerly: Introduction to Computers)	EC 1227 208
2:00p-3:15p	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p-3:50p	9815	POL SC E00 Current Events	EC 1227 107
2:00p-3:50p	9815	POL SC E00 Current Events	EC 1227 107

SATURDAY

8:00a-9:50a	9771	HEALTH E34 Stress Reduction through Yoga	VA PK
9:30a-11:45a	9746	ENGL E33 Autobiography	PAC 116
12:00p-2:15p	9747	ENGL E33 Autobiography	PAC 116
12:15p-2:05p	9802	MUSIC E51 Piano and Theory	PAC 200

THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

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Grants are available for material or book needs for students experiencing financial difficulties. Make a confidential request to the Program Coordinator, (310) 434-4306.

STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Titulos VI y VII de la Ley de Derechos Civiles de 1964, el Titulo IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam.

**LOS ANGELES
COUNTY**

HELP LINE

Find housing, transportation, meals, medical care, senior centers, legal and elder abuse help.

Dial 211 for free information.



FACILITIES

Facilities	Big Blue Bus Lines	Location
Emeritus Classrooms and Offices EC 1227 107, EC 1227 204, EC 1227 205, EC 1227 208, EC 1227 304, EC 1227 307, EC 1227 308, EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410		1227 Second St. (2nd & Wilshire), SM #1, #8 and #Rapid 10 (weekday only) Big Blue Bus stops at 3rd and Santa Monica Blvd. #2, #3, #Rapid 3, and #9 Big Blue Bus stops at 4th and Wilshire Blvd. Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
CMD	5, 16, 43	SMC Center for Media & Design, 1660 Stewart St. (½ block N. of Olympic), SM
CAL BAPT	5, 41, 42	Calvary Baptist Church, 1502 20th St. (20th & Broadway), SM
CALL US!		Call (310) 434-4306, Emeritus College, 1227 2nd St. (2nd & Wilshire), SM
CLOVER	8, 44	2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2, 3	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	1, Rapid 10 (weekdays) 41, 42, 44	1500 block of Euclid St. (between Colorado & Broadway), SM
1450 OCEAN	8, Rapid 10	1450 Ocean Ave. (Ocean & Broadway), SM
FST PRES	2, 3, Rapid 3, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
GOOSE EGG PARK	18	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
LEVIN CTR	1	Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone)
ITINERARY		Locations vary – instructor will inform class of the meeting places
KEN EDWA	1, 2, 3, Rapid 3, 7, Rapid 7, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LINCOLN	2, 41, 42	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM
MALIBU SR CTR	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
MALIBU BLUFFS	Metro 534	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu
PAC	1, 2, Rapid 10 (weekdays)	SMC Performing Arts Center, The Broad Stage & The Edye 1310 Santa Monica Blvd. (11th & Santa Monica), SM
REED PARK	2, 18	(Lincoln Park) 1150 Lincoln Blvd. (Lincoln & Wilshire), SM
SM LIB	1, 3, Rapid 3, 7, Rapid 7, 8 Rapid 10 (weekdays), 18	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
SMC	7, Rapid 7, 16, 41, 42, 44	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
SMC BUNDY CAMPUS	14, 44	3171 S. Bundy Drive (Bundy & College Dr.), LA
SM SYNG	1, Rapid 10 (weekdays)	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE	1, 2, 3, Rapid 3, 7 Rapid 7, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St. (4th & Broadway), SM
VA PK, VP CTR, VP PATIO, VP TERRY	7	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.25 for the next hour and then \$1.85 for each additional half hour. If you have Downtown Santa Monica parking questions or problems, call the City of SM Parking Operations office at (310) 458-8295. Santa Monica College maps, transportation, and campus parking information are available online at www.smc.edu/transportation. For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address www.bigbluebus.com; Metro, (323) GO-METRO, (323) 466-3876, web address www.metro.net.



Mail To: Emeritus College, 1227 Second Street, Santa Monica, CA 90401

Full Legal Last Name: _____ Middle: _____
 Full Legal First Name: _____
 Legal Permanent Street Address: _____ Apt. No.: _____
 City: _____ State: _____ Zip Code: _____
 Mailing Address (if different from above). Include P.O. Box, City and Zip Code: _____

Area Code: _____ Telephone Number: _____ Birth Month: _____ Day: _____ Year: _____
 Check One: Male Female Winter Spring
 Summer Fall

THIS APPLICATION IS FOR:

YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME YOU REGISTER.
 Have you enrolled in SMC or Emeritus Classes before? YES NO
 Have you resided in California for at least two years? YES NO If NO, since _____
 If NO, last legal resident address: _____
 Have you been disqualified or dismissed from a college? YES NO
 If yes, enter college name: _____ and year _____

Section No.	Course Names	Time/Day	Section No.	Course Names	Time/Day

MY DONATION OF \$ _____ TO SUPPORT THE EMERITUS COLLEGE IS ENCLOSED.
 Emergency Contact: _____
 Emergency Telephone No.: _____

REQUIRED
*** WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM**
 I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data or failure to report changes in residence may result in my dismissal.
 Signature: _____
 Date: _____

YES! Please include my name in the list of Friends of Emeritus College. I have enclosed my check for \$ _____ to help support the educational opportunities at Emeritus.
 Check payable to: SMC FOUNDATION (write "Emeritus" in the memo line)
 \$1,000 and above The Clock Tower Society
 \$500 to \$999 Partner
 \$250 to \$499 Colleague
 \$100 to \$249 Sponsor

I am considering including Emeritus College in my will. Please contact me with information on The Heritage Club.
 I am interested in learning about the tax benefits of estate planning and planned giving. Please contact me.

PLEASE PRINT:
 Name: _____
 Address: _____
 City/State/Zip: _____
 Phone Number: _____

WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)

Ethnic Background	1. African American	3. White	6. South American	9. Cambodian	12. Japanese	15. Vietnamese	18. Hawaiian
	2. American Indian/Alaskan Native	4. Mexican/Chicano	7. Hispanic Other	10. Chinese	13. Korean	16. Asian Other	19. Samoan
	5. Central American	8. Asian Indian	11. Filipino	14. Laotian	17. Guamanian	20. Pacific Islander	
Citizenship	1. United States	3. Temporary Resident	5. Student F1 or M1 Visa	7. Unknown			
	2. Permanent Resident	4. Refugee/Asylee	6. Other (specify below): _____	8. Foreign student taking online classes from home country.			
Enrollment Status	If you selected No. 2,3,4,5, or 6, write in your Permanent Resident or Visa No.: _____ Issue Date: _____						
	1. First time college student.	3. Returning to SMC, last attended another college.	5. Continuing from a previous semester.				
	2. First time at SMC, attended another college.	4. Returning to SMC, last attended SMC.	6. Special admit, currently enrolled in K-12.				
Educational Level	Year last attended school: _____						
	CERTIFICATE, DEGREE OR GRADUATED FROM:						
	0. Non-high school graduate	2. Adult Diploma	3. High school graduate - No college degree	5. Received High School Proficiency Certificate	6. Foreign Secondary School Diploma	7. Earned College Associate Degree	8. Earned College Bachelor Degree or higher
	1. Advanced high school	4. Passed GED test					

Santa Monica College
1900 Pico Boulevard
Santa Monica, CA 90405-1628

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**MERITUS
COLLEGE**

www.smc.edu/emeritus

Front Cover Artwork Featured
in the Emeritus Gallery Show
The Ongoing Moment 2016

UPCOMING!

Cheryl Walker Exhibition
January 19, 2017 – March 1, 2017

EMERITUS COLLEGE STAFF

Gita Runkle, *Associate Dean*
Vivian Rankin-Scales, *Program Coordinator*
Lauri Arneson, *Administrative Assistant*
Jessica Riojas, *Student Services Clerk*

VOLUNTEERS

Paula Van Berkom, Mady Bergman, Walter Coronel,
Ellen Cutler, Jinder Dhillon, Homa Ghadimi,
Pat Gorman, Fida Habib, Jeffrey Hogue, Miriam Kafka,
Suzie Kim, Werner Von Der Ohe, Frances Packer,
Joseph "Wally" Pegram, Tahereh Sheikholislam,
Joseph "Joe" Sipos, Alex Vital

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Walter Coronel, Marsha Franker, Jeffrey Hogue,
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SMC BOARD OF TRUSTEES

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Laura Zwicker, Student Trustee; Dr. Kathryn E. Jeffery, Superintendent/President

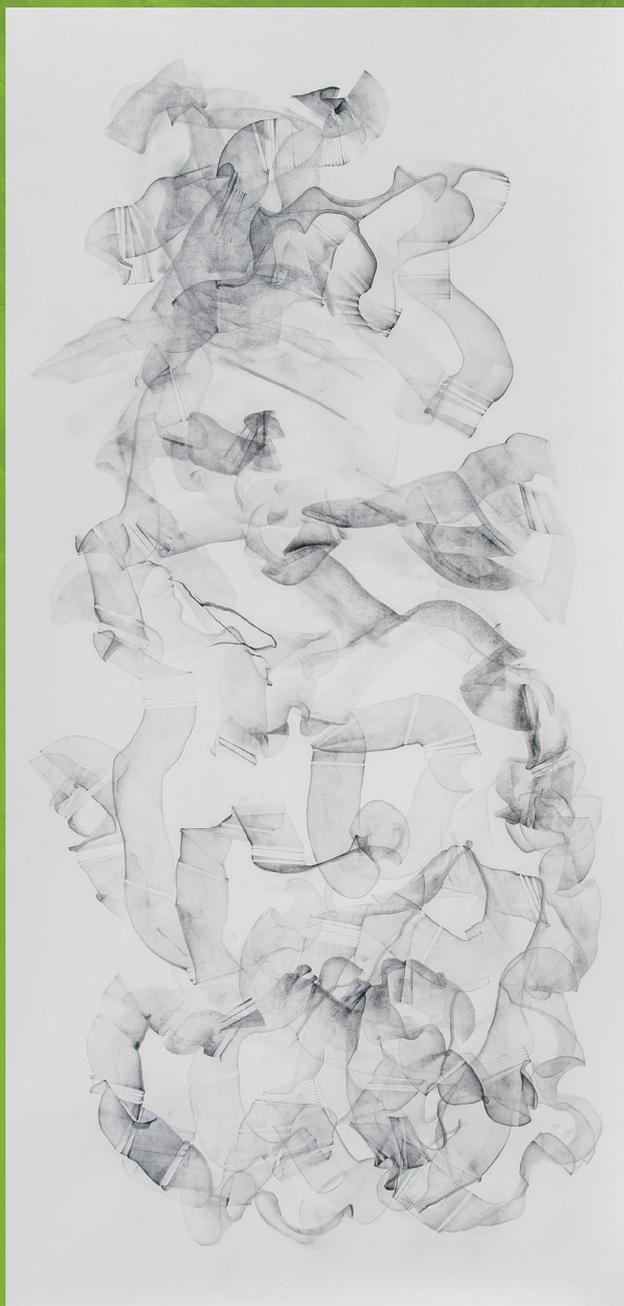
WHAT IS EMERITUS COLLEGE ?

Emeritus, started in 1975, is a program of Santa Monica College for older adults. Emeritus serves over 3,000 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the Emeritus office at (310) 434-4306 or stop by our office at 1227 Second Street, Santa Monica.

¿ QUÉ ES EMERITUS COLLEGE ?

Emeritus, inaugurado en 1975, es un programa de Santa Monica College para personas de edad avanzada. Emeritus sirve a más de 3,000 estudiantes anualmente y ofrece más de 120 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el día en localidades distribuidas convenientemente a través de la comunidad o en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubila-das con honor." Todas las personas mayores son bienvenidos. Para más información, llame a la oficina de Emeritus al teléfono (310) 434-4306 o visítenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

Cheryl Walker, *For Emilie IV*, 2016, graphite on paper, 108" x 50"



Cover Design: Charles Mark-Walker

Emeritus College / Spring 2017 Schedule of Classes