# Health & Wellness

**Career Information Session** 





# **Spotlight on:**





### **Program application required!**

### Nursing and Respiratory Therapy are both careers that are in high demand

- Must faster than average growth
- With 1000's of job openings expected over the next several years\*

So how can you get involved in these careers?

\*See Job Outlook data on Onetonline.org



### **Program application required!**

### **Recommended preparation for either program:**

- General Science Associates degree
  - Includes prerequisite courses for both Nursing and Respiratory Therapy
  - Includes general education which will also count toward Nursing or RT Associates
    Degree
  - Makes you a more competitive candidate to be accepted into these programs
  - Start with English and Math courses



### Program application required!

#### **Application period:**

- Nursing: typically twice a year, in winter and summer (subject to change)
- Respiratory Therapy: once a year, in late spring to early summer (subject to change)

For official dates and deadlines please visit www.smc.edu/healthsciences

# Nursing



# **Degrees and Certificates**

### **Degrees and Certificates**

ASSOCIATE IN SCIENCE DEGREE – NURSING (REGISTERED NURSE)



### **Academic Planning**

For information on the program, assistance creating your educational plan, or exploring options make an appointment with a Health Sciences Counselor:

• <a href="http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx">http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx</a>

There are different counselors and programs available to serve all needs. Once on the web page, to schedule an appointment, select the Health Sciences Counseling button.

Or call (310) 434-3446 or (310) 434-3453



**ECE Counseling** 

**EOPS/CARE** 

**Guardian Scholars** 

Health Sciences Counseling



### What do Nurses do?

### Registered Nurses typically do the following:

- Assess patients' conditions
- Record patients' medical histories and symptoms
- Observe patients and record the observations
- Administer patients' medicines and treatments
- Set up plans for patients' care or contribute information to existing plans

- Consult and collaborate with doctors and other healthcare professionals
- Operate and monitor medical equipment
- Help perform diagnostic tests and analyze the results
- Teach patients and their families how to manage illnesses or injuries
- Explain what to do at home after treatment



# **Potential Career Options**

Job Title	Typical Education	Median Wage
Registered Nurses	Associate Degree	\$110,620
Medical and Health Services Managers	Bachelors Degree	\$122,880
Informatics Nurse Specialists	Bachelors or Masters Degree	\$90,920
Clinical Nurse Specialists	Masters Degree	\$110,620
Nurse Practitioners	Masters or Professional Degree	\$129,960
Nurse Midwives	Masters or Professional Degree	\$159,630
Nurse Anesthetists	Masters or Professional Degree	\$208,000+

<sup>\*</sup>Salary data (for California) taken from Onetonline.org 7/2020



### **Clubs and Volunteering**

Learn more about clubs and volunteering at the end of this PPT presentation



### **Campus Resources**

### Health Sciences Department- Nursing Program:

http://www.smc.edu/AcademicPrograms/HealthSciences/Pages/Nursing.aspx

Or call (310) 434-3446 or (310) 434-3453

### Career Services:

▶ Website: <a href="http://smc.edu/CareerCenter">http://smc.edu/CareerCenter</a>

▶ Email: careerservices@smc.edu

**Phone**: 310-434-4337

# Respiratory Therapy



# **Degrees and Certificates**

### **Degrees and Certificates**

ASSOCIATE IN SCIENCE DEGREE – RESPIRATORY THERAPY



### **Academic Planning**

For information on the program, assistance creating your educational plan, or exploring options make an appointment with a Health Sciences Counselor:

• <a href="http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx">http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx</a>

There are different counselors and programs available to serve all needs. Once on the web page, to schedule an appointment, select the Health Sciences Counseling button.

Or call (310) 434-3446 or (310) 434-3453



**ECE Counseling** 

**EOPS/CARE** 

**Guardian Scholars** 

Health Sciences Counseling



### What do Respiratory Therapists do?

### Respiratory therapists typically do the following:

- Interview and examine patients with breathing or cardiopulmonary disorders
- Consult with physicians to develop patient treatment plans
- Perform diagnostic tests, such as measuring lung capacity

- Treat patients by using a variety of methods, including chest physiotherapy and aerosol medications
- Monitor and record patients' progress
- Teach patients how to take medications and use equipment, such as ventilators



# **Potential Career Options**

Job Title	Typical Education	Median Wage
Respiratory Therapists	Associate Degree	\$82,410
Respiratory Therapy Technicians	Associate Degree	\$47,470



### Clubs

#### **CLUBS:**

http://www.smc.edu/icc See the clubs available at Santa Monica College and/or learn how to start your own club!

### **Pre-Health Association**

Helps furthering the interest and success of students in career aspiration for the allied health fields like Pharmacy, Medicine, Nursing, Respiratory Therapy, Dentistry, and much more to attending a health professional school! Guest speakers are invited to share info guiding students like you reaching your goal.

Email: SMCPHA@GMAIL.COM

### **Student Nurses Association**

To serve and contribute to nursing education and to aid in the development of the whole person in their professional role, and to provide programs representative of fundamental interest and concerns of nursing students.

Email: SNASMC@GMAIL.COM



### **Volunteering and Community Involvement**

### **Volunteer Opportunities:**

- •UCLA Health
- •UCLA Care Extender
- •UCLA COPE Health Scholars
- Veterans Affairs (VA)
- Dignity Health California
- Venice Family Clinic

For more information, contact the Volunteer Coordinator at the Career Services Center at (310) 434-4337.



### **Campus Resources**

### Health Sciences Department- Respiratory Therapy Program:

http://www.smc.edu/AcademicPrograms/HealthSciences/Pages/Respiratory-Therapy.aspx

Or call (310) 434-3446 or (310) 434-3453

### Career Services:

- ▶ Website: <a href="http://smc.edu/CareerCenter">http://smc.edu/CareerCenter</a>
- ▶ Email: careerservices@smc.edu
- **Phone**: 310-434-4337

# Don't forget to explore the additional videos about Programs and Careers in Health and Wellness:

Office Technology/
 Medical Office Administration

- Rehabilitation Aide- Non-credit
- Gerontology- Non-credit

- Athletic Coaching
- Kinesiology/Physical Education

Nutrition and Dietetics