

Health & Wellness

Career Information Session



Spotlight on:

**Kinesiology/
Physical
Education**

**Athletic
Coaching**

Kinesiology/ Physical Education



Degrees and Certificates

Degrees and Certificates

Associate In Arts for Transfer - Kinesiology



Academic Planning

For information on the program, assistance creating your educational plan, or exploring transfer preparation visit the SMC Counseling Center at:

<http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx>

Once on the web page, you can make an appointment or see a counselor on a drop-in basis by clicking on:

- the General Counseling & Transfer Services link or;
- the link to any special programs that you are a member of



Potential Career Options

Job Title	Typical Education	Average Wage
Fitness and Wellness Coordinators	Bachelor's Degree	\$98,510
Biostatisticians	Master's or Doctoral degree	\$107,360
Exercise Physiologists	Master's Degree	\$69,500
Secondary School Teachers, Except Special and Career/Technical Education	Bachelor's Degree	\$87,120
Athletic Trainers	Master's Degree	\$56,520
Fitness Trainers and Aerobics Instructors	Post Secondary Certificate	\$47,990

*Salary data (for California) taken from Onetonline.org 7/2020



More Career Options

Job Title	Typical Education	Average Wage
Physical Therapist	Doctoral Degree	\$100,860
Occupational Therapist	Master's Degree	\$99,310

*Salary data (for California) taken from Onetonline.org 7/2020



Program Highlights: Facilities

Core Performance Center:

- Dance & Exercise Studios
- Fully equipped fitness center
- Showers and dressing rooms
- For students enrolled in Kinesiology and Athletics courses





Program Highlights: Facilities

Core Performance Center:

- Indoor rock-climbing wall
- For students enrolled in Rock Climbing classes





Program Highlights: Facilities

Corsair Field and Morrison Track:

- Synthetic turf field
- Synthetic surface track





Program Highlights: Facilities

Swim Center:

- 2 heated pools:
 - ▷ 50-meter Olympic size Fitness Pool with 1 meter and 3 meter diving boards
 - ▷ 25-meter Splash Pool





Program Highlights: Facilities

Corsair Gym:

- Home to indoor sports
- Weight room





Volunteering and Community Involvement

Gain experience:

Volunteer or work at organizations related to health, exercise, sports, and fitness, such as:

- Hospitals
- Physical Therapy and Occupational Therapy clinics
- Los Angeles Department of Recreation and Parks
- After school programs
- Summer Camps

Find listings for job and volunteer opportunities on HireSMC

<https://www.smc.edu/hiresmc>



Campus Resources

- **Kinesiology Department:**

<http://www.smc.edu/AcademicPrograms/KAD/Pages/default.aspx>

- **Career Services:**

- ▷ **Website:** <http://smc.edu/CareerCenter>
- ▷ **Email:** careerservices@smc.edu
- ▷ **Phone:** 310-434-4337

Athletic Coaching



Degrees and Certificates

Degrees and Certificates

Associate in Science Degree– Athletic Coaching

Certificate of Achievement – Athletic Coaching



Program Highlights

- ▬ Choose an area of specialization
 - ▷ Personal Trainer Preparation
 - ▷ Coaching of Racquet Sports
 - ▷ Coaching of Track and Field
 - ▷ Coaching of Football
 - ▷ Coaching of Baseball
 - ▷ Coaching of Soccer
 - ▷ Coaching of Basketball
 - ▷ Coaching of Volleyball



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Potential Career Options

Job Title	Typical Education	Median Wage
Elementary School Teachers, Except Special Education	Bachelor's Degree	\$83,360
Middle School Teachers, Except Special and Career/Technical Education	Bachelor's degree	\$80,130
Secondary School Teachers, Except Special and Career/Technical Education	Bachelor's Degree	\$87,120
Adapted Physical Education Specialists	Bachelor's Degree	\$62,980
Coaches and Scouts	Bachelor's Degree	\$39,910
Fitness Trainers and Aerobics Instructors	Post Secondary Certificate	\$47,990

*Salary data (for California) taken from Onetonline.org 7/2020



Program Highlights:

SMC Athletics:

<https://www.smccorsairs.com>

Men's Sports

- ▬ Basketball
- ▬ Cross Country
- ▬ Football
- ▬ Soccer
- ▬ Swimming & Diving
- ▬ Track & Field
- ▬ Volleyball
- ▬ Water Polo

Women's Sports

- ▬ Basketball
- ▬ Beach Volleyball
- ▬ Cross Country
- ▬ Soccer
- ▬ Softball
- ▬ Swimming & Diving
- ▬ Tennis
- ▬ Track & Field
- ▬ Volleyball
- ▬ Water Polo



Volunteering and Community Involvement

Gain experience:

Volunteer or work at organizations related to exercise, sports, and fitness, such as:

- AYSO or similar youth sports organization
- Los Angeles Department of Recreation and Parks
- After school programs
- Summer Camps
- High Schools

Find listings for job and volunteer opportunities on HireSMC

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Clubs

- **CLUBS:** <http://www.smc.edu/icc>
See the clubs available at Santa Monica College and/or learn how to start your own club!



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Don't forget to explore the additional videos about Programs and Careers in Health and Wellness:

- Office Technology/
Medical Office Administration

- Rehabilitation Aide- Noncredit
- Gerontology- Noncredit

- Nutrition and Dietetics

- Nursing
- Respiratory Therapy