

Health & Wellness

Career Information Session



Spotlight on:

**Nutrition
and
Dietetics**

Nutrition and Dietetics



Degrees and Certificates

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ASSOCIATE IN SCIENCE FOR TRANSFER – NUTRITION AND DIETETICS



Academic Planning

For information on the program, assistance creating your educational plan, or exploring transfer preparation visit the SMC Counseling Center at:

<http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx>

Once on the web page, you can make an appointment or see a counselor on a drop-in basis by clicking on:

- the General Counseling & Transfer Services link or;
- the link to any special programs that you are a member of



Potential Career Options

Job Title	Typical Education	Median Wage
Fitness and Wellness Coordinators	Bachelor's Degree	\$98,510
Community Health Workers	Bachelor's Degree	\$45,280
Dietitians and Nutritionists	Bachelor's Degree plus certificate	\$78,530

*Salary data (for California) taken from Onetonline.org 7/2020



Starter Class

- Nutrition 1: Introduction to Nutrition Science



Program Highlights

- Nutrition 3: Introduction to the Dietetics Profession
- Nutrition 90 A, B, C and D: Internship in Nutrition



Clubs

CLUBS: <http://www.smc.edu/icc>

See the clubs available at Santa Monica College and/or learn how to start your own club!

CLUB GROW:

To inform and promote sustainable organic gardening to students and faculty throughout the campus.
SMC.CLUBGROW@GMAIL.COM

PRE-HEALTH ASSOCIATION (PHA):

Helps furthering the interest and success of students in career aspiration for the allied health fields like Pharmacy, Medicine, Nursing, Respiratory Therapy, Dentistry, and much more to attending a health professional school! Guest speakers are invited to share info guiding students like you reaching your goal.

SMCPHA@GMAIL.COM



Community Involvement/Volunteer Opportunities

► Community Involvement and Volunteer Opportunities

- Los Angeles Regional Food Bank
- Community Services Unlimited, Growing Healthy
- Seeds of Hope, Los Angeles
- VolunteerMatch.org

For more information, contact the Volunteer Coordinator at the Career Services Center at (310) 434-4337.



Campus Resources

■ Nutrition and Dietetics Program:

<http://www.smc.edu/AcademicPrograms/LifeSciences/Pages/Nutrition-Dietetics.aspx>

■ Career Services:

- ▷ **Website:** <http://smc.edu/CareerCenter>
- ▷ **Email:** careerservices@smc.edu
- ▷ **Phone:** 310-434-4337

Don't forget to explore the additional videos about Programs and Careers in Health and Wellness:

- Office Technology/
Medical Office Administration

- Rehabilitation Aide- Noncredit
- Gerontology- Noncredit

- Athletic Coaching
- Kinesiology/Physical Education

- Nursing
- Respiratory Therapy